**Intermediate/Advanced COURSE DESCRIPTION**

The Self is the central archetype of the psyche, holding the power to inspire awe, terror and ecstasy. According to C.G. Jung, Dora Kalff and others, the Self is the reconciler of opposites: between yin and yang, above and below, masculine and feminine, conscious and unconscious, light and dark, body and soul, spirit and matter. Resolving the tension of the opposites, it gives rise to the transcendent function, with the power to heal and to transform. In this workshop, we will show examples of manifestations of self in different cultural contexts as well as in sandplay process. We will explore and experience one particular symbol which represents the Self, the Mandala, and learn the significance of the appearance of symbols representing the Self in Sandplay therapy with adults and children as well as in dream and personal process work.

**LEARNING OBJECTIVES. This workshop is designed to help you:**
1. Define the meaning of the "Self" according to Jung.
2. List three people who had life-changing experiences of the Self.
3. Demonstrate the relationship between Ego and Self according to Edinger.
4. Define the transcendent function as it relates to Sandplay therapy.
5. Give two examples of configurations or figures in a sand tray that may represent an appearance of the Self.
6. Define the meaning of "mandala" and describe its potential significance in clinical work.

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**JILL KAPLAN, MFT, CST-T,** is a psychotherapist in private practice in San Jose. She is a Teaching Member (CST-T) of Sandplay Therapists of America (STA) and the International Society for Sandplay Therapy (ISST). Since 2007 she has taught classes on sandplay, including the following topics: trauma and sandplay; containment and child therapy; sandplay and symbol formation; the role of silence in sandplay. She has also presented papers at national Sandplay conferences since 2010. Her articles on sandplay have appeared in the Journal of Sandplay Therapy. She is a founding member and past president of Northern California Regional Sandplay Society and a STA board member since 2008, currently serving as Past President.

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