Gateways to the Imagination in Sandplay Therapy

Body, Play, Relationship and Spirit

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Rudramandir Center, 830 Bancroft Way, Berkeley, CA
Saturday March 7, 9:30am to 6:30 pm & Sunday March 8, 9:30 am- 3:30 pm

COURSE DESCRIPTION

We invite you to join three experienced sandplay therapy presenters for an immersive course integrating theory, research and clinical practice in sandplay therapy. Experiential embodied active imagination, ritual and interactive play are integrated with lecture, case studies and discussion.

Gates stand at the threshold, offering passage from the known to the unknown and are often found at the entrance to sacred places, gardens, caves and boundaries. Body, Play, Relationship and Spirit are gateways to the imagination. In sandplay, these gates symbolize portals for a psychological transition from outer world to inner awareness and transformation.

Sandplay is a symbolic, non-verbal therapeutic process held in a secure therapeutic relationship that invites imaginative play in the sand with miniature figures. Healing and psychological integration are catalyzed by the sensorimotor, emotional and archetypal experiences of creating a tangible, symbolic world in the sand. In this two day workshop, we will explore Dora Kalff’s focus on the relationship and spiritual in sandplay, apply C.G.Jung’s concept of active imagination and the transcendent function, and experience embodied awareness and archetypal expression as developed by analysts Marion Woodman and Joan Chodorow.

14 HRS CONTINUING EDUCATION available and included in fee. This course is an educational program of the Northern California Regional Sandplay Society. Read details below about prerequisites, continuing education, presenters and registration or go to our website www.californiasandplay.org . This course also meets standards for STA/ISST certification as a sandplay therapist.
LEARNING OBJECTIVES

1. Describe 3 gateways/thresholds to engage with sandplay imagery.
2. Identify two other non-verbal clinical modalities that can be incorporated with sandplay therapy.
3. Describe similarities between play and a sandplay process.
4. Summarize the effects of trauma on clients’ ability to play in the sand.
5. Discuss three characteristics of Jungian Active Imagination.
6. Name two ways in which the body can amplify a symbol or image.
7. Define three concepts from Marion Woodman that apply to body awareness and emerging consciousness.
8. Cite current research relating to the effectiveness of sandplay therapy.
9. Apply Joan Chodorow’s Archetypal Affect System while observing a client’s sandplay process.
10. Discuss the influence of Buddhism on Dora Kalff’s theory and practice of sandplay.
11. Observe how placement of symbols in sandplay reveal co-transference in the therapeutic relationship.
12. Identify two early child analysts who influenced Kalff’s development of sandplay therapy.

JUDY ZAPPACOSTA, LMFT, CST-T is a past president of Sandplay Therapists of America (STA) and past board member of the International Society for Sandplay Therapy (ISST). She maintains a practice in Monterey, CA consults and supervises therapists using Sandplay and Jungian psychotherapy. She teaches both nationally and internationally. She is Editor of the book, Pearls: Defining Moments in our Lives. Judy is Associate Editor of the Journal of Sandplay Therapy. Judy trained with sandplay founder, Dora Kalff and Jungian Analyst, Marion Woodman.

ELLEN SEARLE LEBEL, LMFT, BC-DMT, CST-T works in private practice in Arcata, California. Her therapeutic approach integrates verbal therapy with sandplay, dance/movement therapy and active imagination. Ellen teaches and presents at conferences and workshops nationally and internationally and is President of the Northern California Regional Sandplay Society. She has written articles for the Journal of Sandplay Therapy and other publications and serves on the Editorial Board of the American Journal of Dance Therapy.

JILL KAPLAN MA, LMFT, CST-T, has a private psychotherapy practice in San Jose, California where she specializes in child therapy and also works with adults. She has authored several articles in the Journal of Sandplay Therapy, and is currently the Book Reviews editor of the Journal. Jill has taught nationally and internationally on many aspects of Sandplay and is especially interested in the complementary teachings of Buddhism and Sandplay. She served on the STA Board of Trustees for over 10 years and is a Past President of STA.
REGISTRATION INFORMATION

Prerequisites to attend: a minimum of three courses in fundamentals of sandplay therapy, STA conferences or the equivalent with Jungian based courses or by instructors’ permission. Experience with a personal sandplay process is strongly encouraged. Contact norcalsandplay@gmail.com for questions about eligibility or registration.

Early Registration through December 31

NCRSS Members: Professionals $320 – Pre-licensed $270
Non-Members -Professionals $350 –Pre-licensed $300

Fees increase $40 after January 1, 2020

Registration and Payment: Payment must be made in full at the time of registration.

Cancellations: Must be received 10 days prior to the course to be eligible for a refund. A $50 processing fee is deducted from the refund.

Continuing education credits: CPA Accredited # NOR 021: NCRSS is approved by the California Psychological Association to provide continuing professional education for psychologists. The California Board of Behavioral Sciences recognizes CPA for continuing education credit for LCSW’s, LMFT’s and LPCC’s. NCRSS is responsible for maintaining this program and its contents.

A maximum of 14 CE credits may be earned, based on class attendance for the entire course. One credit equal 60 minutes of instruction. 14 STA credits can also be counted toward certification with Sandplay Therapists of America.

Attendance: CE credits are awarded with a certificate of attendance to those who attend each class in full and complete the appropriate evaluation form. Credit is granted to those who attend the entire class both days. Those arriving more than 15 minutes after the start time or leaving before the workshop is completed will not receive CE credit.

Certification: For additional information about how to become a certified sandplay practitioner or certified sandplay therapist, go to www.sandplay.org