Over two days, we will explore how sandplay heals developmental trauma by gradually and tolerably weaving fragmented psychic experience back together and anchoring it in the body. As trauma is gradually unearthed, sandplay soothes the soul and reveals to us images of inner experience that are nearly unreachable through more ordinary means. Throughout the weekend, will explore the nature of developmental trauma, the specific advantages of using sandplay in trauma work, and the integrative power of relationship within the Four Archetypal Relational Fields (Cunningham, 2013). Through case presentations, we will focus on the energies and images constellated both in the sandtray and in the self of the therapist, revealing distinct qualities of profound early wounding that require a specific kind of therapist attunement. This presentation emphasizes the healing power of sandplay with dissociation—a hallmark of trauma—and the integrative power of the full attunement in the free and protected space.

Complexes have a central role in depth psychology. In fact, Jung originally called his Analytical Psychology: “Complex Psychology.” For Jung, complexes are the royal road to the unconscious. We may think about complexes as holding our experiences, issues and traumas—the main things we work with in psychotherapy. Complexes are the things that, depending on our theory of choice, we try to soften, eliminate, reframe, extinguish, befriend, think differently about, or gain perspective on. In depth psychotherapies, trauma work, and sandplay, we work to integrate complexes. We will focus on complexes as they relate to developmental trauma, how we heal and integrate complexes using sandplay therapy, and how, as wounded healers, we might work with complexes in ourselves, thereby bringing healing to the relational field.
Part I: Morning Session
Quan Yin, the Bodhisattva of Compassion, is a manifestation of the Great Mother Archetype, and symbolizes some of the more positive aspects of the Divine Feminine. When sitting with a client, we may imagine Quan Yin holding us both in a numinous, meaning-making *temenos*, offering her gentle compassion and vast possibilities for skillful means. We will explore Quan Yin as an archetypal symbol of compassion and connection, and a model for *holding* in the free and protected space which uses the therapist’s capacities for seeing, hearing, holding and reflecting the silent cry of suffering. We will also explore the Ten Paramitas, the archetypal vows of the Bodhisattva, which can be used as clinical and ethical guidelines for providing the free and protected space.

Part II: Afternoon Session
Our clients’ life stories are transformed through the telling and retelling of their stories through words, symbol or play when there is resonance and attunement in the relational field—the same quality of attunement that creates the mother-child unity. The attuned therapist has his or her own experience of the client’s story, and their wounded places resonate. Jung referred to this phenomenon as “The Wounded Healer.” Through a case presentation, we will experience a severely neglected adult client’s disorganized attachment, apparent through her dissociation, barrenness and invisibility, as it transforms into clarity, integration, color and the experience of “I” that is part of secure attachment. We experience her ego’s deepening connection with the Self as we explore the reconciling symbol of the oriental carpet, which mysteriously appeared in the self of the therapist, and ultimately symbolized the client’s blossoming.
All programs by Linda Cunningham, PhD, MFT, CST-T a teaching member of STA/ISST, the author of *Sandplay and the Clinical Relationship* (2013) and a chapter, Attuning to the Flow of Relational Energies in Sandplay: Healing Complex Trauma in Adults in *The Routledge International Handbook of Sandplay Therapy* (2017). Over the past twenty years, Linda has written many articles for the *Journal of Sandplay Therapy* on the topic of the therapeutic relationship in sandplay. Linda has taught sandplay as well as contemporary relational theories for over twenty years, and currently trains sandplay therapists in San Francisco, California and Gig Harbor, Washington state. In her clinical practice, Linda treats adults suffering from anxiety, depression, blocked creativity and relationship issues, including early relational, preverbal trauma.

Each day is approved for 6 CEUs hours, (third day may change), by the Ohio Counselor, Social Work, and Marriage and Family Therapist Board: Counselor and Social Worker: #RCS051205; MFTs # RTX071301;

For more information go to [www.sandplayohio.com](http://www.sandplayohio.com) or email Barbara Brugler at sandplayohio@gmail.com.