I was pleased to reflect upon two DVDs dedicated to the legendary founding member of STA and ISST Kay Bradway. Both DVDs seem to honor Kay Bradway in her life commitment and passion for Sandplay Therapy as well as rich memories and legacy that she has left for us to hold and embody.

Her last interview given to Audrey Punnett brings to life her memories of meeting Dora Kalff for the first time at the North/South Conference of Jungian Analysts and highlights her relationship with the symbol of the turtle (Punnett, 2011, p.29). I smiled hearing Kay’s reluctance to change the program of the conference until Joe Henderson, Director of the C.G. Jung Institute of San Francisco, insisted on it. One could not help but feel astonished by the fate
and synchronicity of that encounter and Kay’s consequent contribution to founding of Sandplay Therapists of America and the development of sandplay in the United States and worldwide (founding member ISST).

Her passion, seriousness and depth about sandplay came across very clearly, and I felt very touched by her presence and spirit that permeated her interview with Audrey Punnett. She seemed to emanate a marriage of sternness and openness, boundaries and warmth, discipline and emotion. Although I have never met Kay, her gracious presence seemed to hold a beautiful and moving tension of opposites. No wonder that her work and engagement with sandplay created such richness and depth.

Kay’s words from her interview: “I thought that the most important thing was as I grew older was to collect friends” (Punnett, 2011, p.31) stayed with me as I was absorbing images from her professional and personal life. As I saw the number of people who came to her memorial both at her home and at the Jung Institute, I could see how many lives Kay has been able to touch. One also sensed the closeness of relationship with her husband Brad whose loss a few years prior to her interview had been painful for her.
In contrast with the Interview DVD (A Conversation with Kay Bradway, 2010), Kay’s Memorial DVD (2013) is mostly full of images: of her life, turtles, her home and important people in her life. Seeing both DVDs allowed me to touch both verbal and imaginal, rational and unconscious, reflective and emotional layers of Kay’s life. As some of the people who came to pay their tribute to Kay’s passing have been my mentors, I was reminded of the passing down of knowledge from one generation to another: from Dora Kalff to Kay Bradway and her generation of therapists, to my mentors and now to me. Her active interest and connection to the younger generations of Sandplay Therapists felt synchronistic to my relationship to this material.

Miniature turtles, a symbol that she was associated with towards the end of her life, were displayed on the piano during her memorial. “The turtle lady,” as she called herself laughing in the Interview became interested in the turtle as her clients began using it intensively in their sandplay work when Kay announced her plans to close her practice. She associated the use of the turtles in her clients work with her abandoning them upon her retirement similar to the turtle mother that leaves the eggs in the sand to hatch on their own (Punnett, 2011, p.32).

Yet I was reminded of a remarkable phenomenon of a turtle who will always return to the beach of its birth to nest from my own journey with the turtle. “Turtles’ journey of return can be understood on the level of psychological return to the ‘internal beach’ from where we come. On another level, the turtle’s journey can speak to the voyage and the return to one’s self” (Grishko, 2012, p.72). Kay’s professional legacy has come full circle and has left a rich, full and moving heritage for all of us to carry forward. I feel that she has now completed her journey of return.

May she swim with the turtles...
REFERENCES:

KAY BRADWAY: MEMORIAL DISC AND A CONVERSATION WITH KAY BRADWAY:
DVDs by Audrey Punnett
*A Reflection by Valeria Grishko* (London, UK)
KEY WORDS: Kay Bradway, DVD, interview, conversation, STA, ISST, memorial, Reflection, Sandplay, Dora Kalff, life, death, miniatures, figurines, turtles, symbol, STA, ISST.
ABSTRACT: Valeria Grishko reflects on the *Kay Bradway Memorial DVD* and the DVD entitled *A Conversation with Kay Bradway* (Audrey Punnett, interviewer). Kay Bradway was a founding member of Sandplay Therapists of America (STA) and the International Society for Sandplay therapy (ISST). Much earlier on she helped found the Society for Jungian Analysts in Northern California and the C.G. Jung Institute of San Francisco. Kay Bradway passed away on May 7, 2013 at the age of 102.
About the author of this reflection:

VALERIA GRISHKO, MSW, LCSW, is Chair of the British and Irish Sandplay Society (BISS) and a member of the International Society for Sandplay Therapy (ISSST). She is an Associate Member of The British Association for Counselling & Psychotherapy (BACP) and Member of the Association for Family Therapy (AFT). She received her BA Honors in Psychology from the University of Chicago and MSW from New York University. She is a psychodynamic and integrative psychotherapist currently working in London. Her practice includes working with children, adults, families and couples for over 14 years in public and private settings in New York City and London. Valeria Grishko is a published author in the Journal of Sandplay Therapy: "Turtle: Primordial Symbol of Creation, Strength, Containment and Transformation in Sandplay Therapy with Children" (2012) and "The Use of Wet and Dry Sand in Sandplay Therapy" (2014). In addition to clinical practice, Valeria Grishko delivers training on child development, trauma and attachment as well as childhood grief, separation and loss. 
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AUDREY PUNNETT, PHD, JA, is a licensed psychologist, registered play therapist, supervisor (RPT-S) and teaching member (CST-T) of STA (Sandplay Therapists of America) and ISSST (International Society for Sandplay Therapy). She is past president of the board of trustees of Sandplay Therapists of America (STA). Dr. Punnett is a certified child, adolescent and adult analyst member of the Association of Graduate Analytical Psychologists Zurich (AGAP) and the C.G. Jung Institute of San Francisco. She is a member of the International Association for Analytical Psychology (IAAP) and serves as vice-president on the board of trustees of AGAP. She teaches nationally and internationally; her publications include: The Orphan: A Journey to Wholeness, Fisher King Press, 2014, (book), A Meta-analysis of Antidepressant Outcome Studies Involving Children and Adolescents in the Journal of Clinical Psychology, 51(3); The Child Evaluation Inventory: An Adaptation for Asthma Camp in Children's Health Care, 23(1); and articles in the Journal of Sandplay Therapy. Dr. Punnett is an Associate Clinical Professor, UCSF-Fresno, Department of Psychiatry and maintains a private practice in Fresno, California. 
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LIANA CHENOWETH KORNFIELD, MA, AIWP, is an artist, writer and certified Teaching Member of Sandplay Therapists of America (CST-T) and the International Society for Sandplay Therapy (ISSST). She works primarily in watercolor and some mixed media. Her paintings have been published in books and journals and shown in numerous galleries. Liana Kornfield works with imagery and healing symbols arising from dreams and the archetypal depths, active imagination and daily life encounters. She writes: "With every painting I embark upon a journey that leads inevitably into the dark and unknown. I have come to trust and love this luminous darkness, because it is a perpetual source of new life and new courage. I hold and nurture each image as if it were a child, until it is old enough to enter the world of consciousness and speak in the sacred language of all of Earth’s life forms.” 
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