

SANDPLAY TRAINING CURRICULUM GUIDE

Introduction to Sandplay Therapy

Includes, but is not limited to:

1. History and origins of sandplay.
2. Kalfian theory: meaning of the free and protected space, the role of the therapist, the healing nature of the sand itself.
3. Basic Jungian framework: theory of archetypes, living reality of the psyche, wounded healer, and transcendent function.
4. Practical considerations: creating and maintaining the collection, record keeping, photography, tray specifications, sand and water.
5. Introduction of sandplay to clients.
6. Initial trays.
7. Importance of symbols and the symbolic language of the unconscious.
8. Introduction to exploration of symbols.
9. Stages and themes of the sandplay process.
10. Differentiation of Kalfian sandplay from other uses of the sandplay and figures.

Clinical Sandplay

Includes, but is not limited to:

1. In-depth sandplay case study.
2. Co-transference.
3. Work with children and parents.
4. Work with adults.
5. Termination.
6. Understanding sandtrays.
7. Review of trays with client.
8. Expanded discussion of sandplay process including transcendent function, relativization of the ego, constellation of the opposites, manifestation of the Self.
9. The appearance of the body and psychosomatic themes.
10. Precautions, defenses and resistances.

Symbolism

Includes, but is not limited to:

1. Religion.
2. Fairy tales.
3. Myths.
4. Cultural traditions.