SANDPLAY THERAPISTS OF AMERICA
SANDPLAY INTENSIVE
WITH
MARTIN KALFF
Sabine Kalff
LaVon Bobo
Gita Morena
Luana Rowland

October 9 - 14, 2005

ASILOMAR CONFERENCE CENTER
PACIFIC GROVE, CALIFORNIA

Asilomar, located on the beautiful serene Monterey Coast, will provide the setting for participants to daily immerse themselves in deepening their understanding of sandplay. Evenings will bring an opportunity to personally experience mask making.
Our yearly intensives offer an opportunity for therapists to deepen their understanding of sandplay as developed by Dora Kalff. This year we are especially delighted to have Martin Kalff as our guest teacher. He will be presenting material as outlined below:

*Introduction of Sandplay as developed by Dora Kalff*

Sandplay and its Three Roots (with special emphasis on the third root)

*Root One* – World Technique by Margaret Lowenfeld.

*Root Two* – Concept of the Individuation Process as related to the theory of analytical psychology of C.G. Jung.

*Root Three* – Eastern Philosophy. Dora Kalff and the East; C.G. Jung and Buddhism; Mandalas of Tibetan Buddhism; and Redeeming of the Shadow.

**Case Study: Dream and Sandplay**

**Case Study: A Birth Process in Sandplay**

To begin each day, Sabine Kalff will offer a morning meditation. Late afternoons will allow for small group consultations with LaVon Bobo, Gita Morena and Luana Rowland. In groups of 12 or so, intensive participants can present client case material in order to deepen the understanding of their client’s journey in the sand.

In the evenings, David Capitolo will offer an opportunity for each participant to create a personal facemask. In the past, participants have found mask-making a powerful avenue of self-discovery.

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**Course Objectives:**

**Sandplay and its Three Roots (Roots 1 & 2)**
The participant will be able to:

1. Explain how Margaret Lowenfeld’s World Technique is a root of Sandplay Therapy.
2. Compare the differences and similarities of Margaret Lowenfeld’s World Technique in relationship to Sandplay as conceived and developed by Dora Kalff and her followers.
3. Discuss the concept of the Individuation process and what role it plays in Sandplay Therapy.

**Case Study – Dream and Sandplay**
The participant will be able to:

1. Name the main features of the Jungian understanding of dreams.
2. State the differences between dream and Sandplay, both being manifestations of the unconscious.
3. Evaluate examples from an actual Sandplay process for the mutual influence of dream and Sandplay images.

**Small Group Consultation**
The participant will be able to:

1. Identify prognostic indicators revealed in initial sand scenes.
2. Separate stages of a Sandplay process.
3. Distinguish when Sandplay would not be appropriate with a client.
4. Describe methods to be used in place of Sandplay when indicated.
5. Discuss the transformative power of the symbol.

**Sandplay and its Three Roots, (Root 3)**
The participant will be able to:

1. Appraise the biographical background of Dora Kalff, which led her to appreciate Eastern philosophy and discuss how this influenced her application of Sandplay Therapy.
2. Explain where C.G. Jung saw parallels with Eastern philosophy, in particular Buddhism and which elements in his personal experience and psychological theory reflect this.
3. Describe the main elements of Tibetan mandalas, discuss them both in the context of Buddhist philosophy and in relationship to Jung’s own and Mandala dreams/paintings and psychological theory.

**Redeeming of the Shadow**
The participant will be able to:

1. Discuss the Jungian concept of the Shadow.
2. Explain the meaning of Mara in terms of its traditional Buddhist understanding, including the steps that lead to the redemption of Mara.
3. State why the symbolic concept of Mara can be understood as a primordial image of the shadow as well as its transformation.

Case Study – A Birth Process in Sandplay
The participant will be able to:
1. Cite examples from dreams, Stanislav Grof’s research and Sandplay for symbolical expressions of the birth process.
2. Discuss the relationship between biological foundation and symbolical representation of the birth process.
3. Participants will be able to explain, based on an example of a Sandplay process and theoretical reflections, how the manifestation of the self is an important precondition for an encounter with the shadow, which does not lead to a destabilisation of the personality.

Panel Discussion
Panelists: Martin Kalff, Sabine Kalff, LaVon Bobo, Gita Morena, Luana Rowland, David Capitolo
The closing session will bring together the faculty and participants in order that participants might ask questions and raise issues for discussion.
The participant will be able to:
1. Summarize, clarify and better understand the material presented on previous days.
2. Explain how to apply the learning to their own work in sandplay.

Featured Speakers:

Martin Kalff, Ph.D., completed his training in Comparative Religion at Columbia University, New York in 1979. He has trained in sandplay therapy since 1982 and in 1985 was one of the 12 founding members of the International Society of Sandplay Therapy. In 1991 he founded The Center for Sandplay Therapy, in 2000 renamed Pegasus: Center for Sandplay Therapy, Psychology of Religion and Creative Expression. Through this center he and teaching members of ISST and the National Swiss Society of Sandplay Therapy offer training in sandplay therapy. Dr. Kalff is also a co-founder of the Buddhist Center in Zollikon and current board member of the association “Der Mittlere Weg” which runs at the center. At present Dr. Kalff has a private practice in sandplay therapy treating children and adult clients as well as teaching sandplay therapy all over the world.

LaVon Bobo, MFT, LEP and school psychologist has for over 20 years provided sandplay in the public school setting. Since 1987 she has also supervised MFT Interns working with children in the schools. LaVon is a teaching member of STA/ISST and co-founder of Sandplay Therapy and Training Institute, Inc. She teaches sandplay at JFK University in Campbell, California.

Gita Morena, Ph.D., is a teaching member of STA/ISST. She has been in private practice in San Diego for over 25 years and is a founding member of the San Diego Sandplay Association. She is a Buddhist practitioner and meditation instructor, seminar leader, lecturer and author of The Wisdom of Oz: Reflections of a Jungian Sandplay Therapist. Her focus is “bringing spiritual practice into everyday reality and personal relationships.” Gita is a current board member of STA.

Luana Rowland, MFT, and teaching member of STA/ISST uses her Jungian background and her more than 20-year relationship with Dora Kalff’s sandplay therapy to bring spiritual understanding from enigmatic material. Luana is currently in private practice in Honolulu and continues to teach sandplay at JFK University in California. She is the clinical director of the Sandplay Therapy and Training Institute, Inc., and sits on the board of the Hawaii Sandplay Council.

David Capitolo, MFT, has an office for adults and couples in San Francisco and a Sandplay office for children, teens, and adults in San Rafael. He is currently President of the Child Therapy Institute of Marin. In his experience, mask making allows the less conscious aspects of oneself to be symbolically expressed.
Continuing Education:

Satisfactory completion: Participants must have paid tuition fee and completed, signed, and submitted an Attendance/Evaluation form in order to receive a certificate of completion/attendance. Participants not fulfilling these requirements will not receive a certificate. Failure to complete the Attendance/Evaluation form will result in forfeiture of credit for the entire conference. No exceptions will be made. Partial credit is not available. Certificates will be sent after the seminar or posted on the Internet at www.cmehelp.com.

ADA Statement: ADA accommodations will be made in accordance with the law. If you require ADA accommodations, please indicate what your needs are at the time of registration. Amedco cannot ensure the availability of appropriate accommodations without prior notification.

Psychologists
This program is co-sponsored by Amedco and Sandplay Therapists of America. Amedco is approved by the American Psychological Association to offer continuing education for psychologists. Amedco maintains responsibility for the program. Courses offered by APA-approved sponsors are accepted for credit by the California Psychological Association beginning Jan 1, 2002. California Psychologists are responsible for reporting their own credits to the board and for remitting the course reporting fee. Maximum of 24 hours.

Professional Counselors
This program is co-sponsored by Amedco and Sandplay Therapists of America. Amedco is recognized by the National Board for Certified Counselors to offer continuing education for certified counselors. We adhere to NBCC continuing education guidelines. Provider #5633. Maximum of 24 hours.

Social Workers
This program is co-sponsored by Amedco and Sandplay Therapists of America. Amedco, ASWB provider #1006, is approved as a provider for continuing education by the Association of Social Work Boards, 400 South Ridge Parkway, Suite B, Culpeper, VA 22701. www.aswb.org. ASWB Approval Period: 2-17-03 to 2-17-06. Social workers should contact their regulatory board to determine course approval. Social workers will receive up to 24 continuing education clock hours in participating in this course.

California Board of Behavioral Sciences
This program is co-sponsored by Amedco and Sandplay Therapists of America. Course meets the qualifications for up to 24.0 hours of continuing education credit for MFCC’s and/or LCSW’s as required by the CA Board of Behavioral Sciences, Provider #PCE875.
Intensive Schedule

Sunday, October 9, 2005
3pm Registration
6pm Dinner
7-8pm Introductions and Overview

Monday, October 10, 2005
7:30–8:30am Breakfast
9–9:45am Guided Meditation (Sabine Kalff)
10am–12N Sandplay and its Three Roots (Roots 1 & 2) (Martin Kalff)
12N–1pm Lunch
1–3pm Case Study: Dream and Sandplay (Martin Kalff)
3:30–5pm Small Group Consultation
6–7pm Dinner
7–9:30pm Mask Making (optional)

Tuesday, October 11, 2005
7:30–8:30am Breakfast
9–9:45am Guided Meditation (Sabine Kalff)
10am–12N Sandplay and its Three Roots (Root 3) (Martin Kalff)
12N–1pm Lunch
1–3pm Case Study: Dream and Sandplay (continued) (Martin Kalff)
3:30–5pm Small Group Consultation
6–7pm Dinner
7–9:30pm Mask Making (optional)

Wednesday, October 12, 2005
7:30–8:30am Breakfast
9–9:45am Guided Meditation (Sabine Kalff)
10am–12N Redeeming of the Shadow (Martin Kalff)
12N–1pm Lunch
1–3pm Case Study: A Birth Process in Sandplay (Martin Kalff)
3:30–5pm Small Group Consultation
6–7pm Dinner
7–9:30pm Mask Making (optional)

Thursday, October 13, 2005
7:30–8:30am Breakfast
9–9:45am Guided Meditation (Sabine Kalff)
10am–12N Redeeming of the Shadow (continued) (Martin Kalff)
12N–1pm Lunch
1–3pm Case Study: A Birth Process in Sandplay (continued) (Martin Kalff)
3:30–5pm Small Group Consultation
6–7pm Dinner
7–9:30pm Mask Making (optional)

Friday, October 14, 2005
9–11am Panel Discussion
Ending Ceremony
Registration Form

This conference fee includes tuition, guided meditation and mask making only. Please see form for cost of a CE certificate. Registration begins at 3 p.m. on Sunday, October 9, 2005. Dinner will be served at 6 p.m. and the program begins at 7 p.m. The intensive ends on Friday, October 14, 2005 with lunch. (Please check box below if you wish a boxed lunch available on this day only.)

Arrangements for accommodations must be made with Asilomar directly on the Housing registration form included.

__ First Name __  __ Last Name __

__ Address __

__ City, State, Zip, Country __

__ Phone __  __ Email (conference use only) __

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**Intensive 2005 Fees**

2005 dues paying Associates, Clinical and Teaching Members of STA - $1,275.00
All other participants - $1,300.00
Continuing Education Certificate: MFT, LCSW, and Psychologists $25.00

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Due to the intensive nature of this program, participation will be limited to 40 practicing sandplay therapists. (The intensive is not designed for the novice sandplay therapist.) Register as soon as possible to secure your reservation. To reserve your space, please send this completed form along with full payment to the address below.

If your plans should change and you are unable to attend, please cancel in writing on or before September 8, 2005. Cancellations after September 8, 2005 will not be refunded. Refunds will not be given for no-shows. All cancellations are subject to a $50 processing fee. Please submit cancellation requests in writing to STA, PO Box 4847, Walnut Creek, CA 94596 or FAX 925/687-9985.

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Are you interested in presenting a case in group consultation at this intensive? Yes [ ]  No [ ]

Please make checks out to STA, or, if paying by credit card, complete the section below:

Visa [ ]  MasterCard [ ]  Card # ________________________________ Exp. ____________

Cardholder's Name ___________________________ Signature ___________________________

RETURN INTENSIVE REGISTRATION FORM ONLY TO: STA, P.O. Box 4847, Walnut Creek, CA 94596

FAX: (925) 687-9985

Questions: Contact STA (925) 825-9277

Housing form must go directly to Asilomar. Please do not return your housing form to STA.
ATTENDEE INFORMATION

Last Name:

First Name:

Address:

City/State/ZIP:

Country:

Business Phone:

Home Phone:

Fax:

Email:

Disability Access Requirements:

HOUSING INFORMATION

Guest rooms are assigned on first come, first served basis.
Rates are per person. One form per person or family.
Please number choices in order of preference.
If your choice is not available you will be assigned based on availability and the appropriate charge will apply.

Meals and applicable taxes included in rates:

- Standard Single: $866.50
- Standard Double: $529.30 each
- Youth (ages 3-17): $304.70 each

☐ I will share a room with:

☐ Please assign a roommate for me

☐ I am Male  ☐ I am Female

☐ I am Vegetarian  ☐ Medical Diet. See Chef on arrival

CREDIT CARD PAYMENT INFORMATION

Fax completed form to 831-642-4262

☐ Visa  ☐ Master Card  ☐ Amex

Expiration Date

Card Holder Signature

Asilomar will bill your credit card upon receipt and confirmation sent.

CHECK PAYMENT INFORMATION

All checks payable to DNPS at Asilomar.

Mail this form with check to:
Asilomar Conference Grounds
P.O. Box 537
Pacific Grove, CA 93950
FAX 831-642-4262

GENERAL INFORMATION

- Cancellations within 60 days prior to arrival date forfeit all fees.
- All cancellations are subject to a $25 per person processing fee.
- All rates are for full time conference participation. There is no discount for shorter stays.
- Housing rates are per person and include lodging, meals, meeting space rental, and all applicable taxes. Meals begin with dinner on the first day and end with lunch on the last day.
- Purchase orders and telephone reservations will not be accepted.
- To preserve the refuge atmosphere at Asilomar, our Guest rooms are free from the distraction of televisions and telephones. There is a business center located next to the front desk.
- All Guest rooms and meeting rooms are non-smoking. For additional information see our website VisitAsilomar.com