

Pre-Conference Meeting

WEDNESDAY, MAY 30

- 1:00pm-9:00pm STA Board of Trustees Meeting

Pre-Conference Workshops

THURSDAY, MAY 31

- 8:30am- 4:30pm **FULL DAY WORKSHOPS with breaks and lunch**

1. *Fundamentals of Sandplay Therapy*

Level: B

Lucia Chambers, MFT, CST-T

This introductory class will present an overview of the history of sandplay, provide definition of terms, introduce basic concepts of Jungian theory, and discuss the “free and protected space” in relation to the sandplay process. Initial trays will be shown as well as a complete case. Practical aspects of the clinical hour in sandplay will be discussed.

2. *In Touch Again: The Attachment Therapy of Agnes Bayley and Its Relationship to Sandplay*

Level: ALL

Ellen Saul, MS, LP, CST-T and Nancy Hawkins, PsyD, LP

This workshop introduces “In Touch Again,” the principles and play therapy process developed by Dr. Agnes “Nessie” Bayley, to help children and adults repair attachment wounds. Participants will experience some of her interventions, grounding their understanding of her work in their own bodies and selves, as they gain an understanding of the play process through the case of a Native American girl.

3. *Sandplay Therapy and Trauma-Informed Practice*

Level: ALL

Lorraine Razzi Freedle, PhD, CST

Trauma penetrates the core of identity and hijacks brain functioning. Healing from trauma involves returning to the Self, reprocessing trauma, and developing the brain’s capacity for self-regulation. This workshop will explore sandplay as a trauma-informed practice, its neuropsychology, and the specific conditions of sandplay that bring forth change.

Pre-Conference Workshops (Continued)

THURSDAY, MAY 31 (Continued)

- 8:30am-12:00noon **HALF DAY MORNING WORKSHOP**

4. *Images of the Self: Play Across the Landscape of Life* Level: ALL
Lynne Ehlers, PhD, CST

This stunning slide presentation of over 100 images of the Self in nature, religion and the arts, explores the relationship of the ego to the Self, discusses three individuals' direct, life-changing experiences with the Self, as well as its dangers and blessings. Sandplay case examples will be shown and discussed.

- 1:00-4:30pm **HALF DAY AFTERNOON WORKSHOP**

5. *The Queen's Cloak: Weaving the Story of Women's Journey at Midlife through Sandplay and Artplay.* Level: ALL
Roz Heiko, PhD, CST-T, & Georgia Mann, BFA

Using Georgia's ceramics, case material, and artplay, we re-tell the story of the Queen's Cloak. This is an experiential presentation using storytelling, interactive discussion, visual art, and sandplay case material. It will include an art project related to the story/journey through art play: "weaving" a symbolic cloak with different materials. Therapists of all levels can benefit from engaging in dialogue and nonverbal artplay about issues their women clients face at midlife and how to use their resources as they negotiate this middle period in their lives.