

# STA National Conference

## Returning to the Self in Sandplay

Berkeley, California  
May 31 - June 3, 2012



**SANDPLAY THERAPISTS OF AMERICA™**

An affiliate of the International Society for Sandplay Therapy

Berkeley Doubletree Hotel on San Francisco Bay

**Thursday, May 31 - Sunday, June 3, 2012**

Conference opens Thursday evening and ends Sunday morning

***Featuring 50 Presenters from the US, Australia, Brazil, Italy, New Zealand, Taiwan***

- Pre-Conference Workshops • Five Keynote Speakers
- Saturday evening banquet and special presentation • San Francisco Bay cruise
- National vendors • Silent auction • Creative and restorative activities

Continuing education credit for psychologists, professional counselors, social workers and marriage and family therapists will be available. Application submitted for Association for Play Therapy CEU's.

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# Schedule Conference Overview

## MAY 31 – THURSDAY

8:00-8:30am: Registration

8:30am-4:30pm: Two half-, three full-day Pre-Conference Workshops

5:30-7:30pm: Dinner on your Own

7:30-9:30pm: Conference Opening and Keynote Presentation with  
Dessert Reception

Silent Auction and Marketplace Open

## JUNE 1 – FRIDAY

7:00-8:00am: Meditation on Movement

8:30-9:00am: Refreshments

8:30-9:30am: Registration continues

9:00-10:30am: Keynote

10:30-11:00am: Refreshments

11:00-12:30pm: 1.5-hour sessions

12:30-2:30pm: Lunch on your own/International Forum lunch

2:30-4:00pm: 1.5-hour sessions

2:30-5:45pm: 3.0-hour sessions, including a 15 minute break

4:00-4:30pm: Refreshments

4:30-6:00pm: 1.5-hour sessions / Open Art Studio

6:00-8:00pm: Dinner on your own

6:30-7:30pm: Members Wine and Cheese Reception

7:30-9:00pm: Members Meeting

# Schedule (Continued)

## JUNE 2 – SATURDAY

- 7:00-8:00am: Tai Chi/Moving Meditation
- 7:30-9:00am: Mentoring Breakfast
- 8:30-9:00am: Registration continues
- 9:00-10:30am: Keynote
- 10:30-11:00am: Refreshments
- 11:00-12:30pm: 1.5-hour sessions
- 12:30-2:30pm: Lunch on your own/Regional Lunch
- 2:30pm: Silent Auction Benefit Closes
- 2:30-5:45pm: 3.0-hour sessions, including a 15 minute break
- 2:30-4:00pm: 1.5-hour sessions
- 4:00-4:30pm: Refreshments
- 4:30-6:00pm: 1.5-hour sessions / Open Art Studio
- 7:00-9:30pm: Banquet/Keynote

## JUNE 3 – SUNDAY

- 7:00-8:00am: Tai Chi/Moving Meditation
- 9:00-10:30am: 1.5-hour sessions
- 10:30-11:00am: Refreshments
- 11:00-12:00pm: Closing Session
- 1:00-3:30pm: San Francisco Bay Cruise/Celebration Luncheon

# Conference Description

## RETURNING TO THE SELF IN SANDPLAY

Sandplay therapy, a unique model of play therapy, provides an experience of the Self through embodied, symbolic play and witnessing. The 2012 STA National Conference offers an immersion in a theoretical and experiential exploration of the Self as expressed in the sandplay process with children and adults by presenters from around the world working with clients of diverse cultures. Dora Kalff, founder of sandplay therapy, agreed with C.G.Jung that the Self is the center of psychic totality. Sandplay therapy offers an opportunity for healing and integration for people whose lives and psyches are disconnected from their core selves. In this conference, you will hear and see how this multimodal and multicultural therapy draws on body, mind and spirit, in the context of the safe container of the therapeutic relationship, to help adults and children move forward in their lives.

The theme of Returning to the Self invites an in-depth consideration of important therapeutic questions. How do we help others to return to wholeness, safety, discovery and spirit? What are ways we facilitate or disrupt a relationship to Self with our clients? How do Jungian concepts illuminate the self-healing process and enhance our understanding? How do we cultivate our presence to witness the rhythm and flow of the unconscious and the body in Sandplay? Can we hold a free and protected space for our clients even when we may be wounded or distressed ourselves?

Our conference is designed to balance presentations and sandplay community events with time for personal self-reflection and integration. In sandplay therapy, we return to and connect with the essence of the Self.

## SANDPLAY THERAPY DEFINED

*Sandplay™ as developed by Dora M. Kalff is a nonverbal therapeutic play process based on the psychology of C.G. Jung. Sandplay also has roots in the World Technique of Margaret Lowenfeld, an early 20th century play therapist, and Tibetan Buddhism. The path to individuation, as understood in Jungian psychology, becomes visible in the symbolic expression of the sandplay. In sandplay, through the free and protected space, the individual is able to penetrate the depths of the personality and experience the Self. From this ground, a more naturally balanced relationship between the ego and Self manifests. When this occurs one then has the opportunity to live life in a more conscious, authentic manner.*

# Conference Description (Continued)

## **ABOUT SANDPLAY THERAPISTS OF AMERICA™**

Sandplay Therapists of America is a non-profit organization established to promote education, training and research in sandplay therapy. STA is an affiliate member of the International Society of Sandplay Therapy, which promotes professional development in sandplay in the tradition of Dora Kalff based on the theories of C.G. Jung. STA sponsors a national conference alternating yearly with a national assembly. Sandplay Therapists of America publishes *The Journal of Sandplay Therapy™*, offers courses at the Sandplay Therapy Institute and supports regional groups and trainings throughout the US. As a growing organization, STA encourages members to contribute to the field of sandplay therapy, volunteer and actively mentor those who train to become Practitioners, Certified and Teaching members. To learn more about Sandplay Therapists of America, visit our website at [www.sandplay.org](http://www.sandplay.org).

### **STA Membership Levels & Professional Designations**

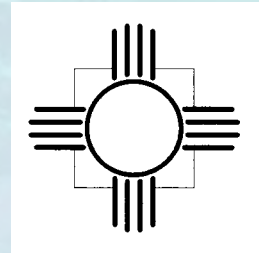
STA Associate

SP - Sandplay Practitioner

CST- Certified Sandplay Therapist

CST-T - Certified Sandplay Therapist, Teaching

ISST - International Society for Sandplay Therapy



**The Board of Trustees of STA and the 2012 Conference Committee warmly invite you to join us for *Returning to the Self in Sandplay*.**

**– Audrey Punnett, STA Board President**

### **Conference Committee:**

Ellen Saul, MS, LP, CST-T, Program Committee Chair

Regina Driscoll, PhD, CST-T

Ellen Searle LeBel, MFT, BC-DMT, SP

Joseph Meyer, MASW, LICSW, CST-T

Liza Ravitz, PhD, JA, CST-T

Laura Soble, MFT, REAT, CST

Janet Tatum, MSW, LICSW, JA, CST-T

**Event Coordinator:** Shannon Kilkenny, Enterprising Events

**Brochure design:** Leslie Scopes Anderson, White Tree Design

**Conference logo art:** Ellen LeBel and Ellen Saul

# Conference Description (Continued)

## **Operations Committee:**

David Capitolo, MFT, CST (vendor chair)  
Lynne Ehlers, PhD, CST (auction co-chair)  
Bill Murray, PhD (tech support chair)  
Ann Strack, PhD, CST-T (auction co-chair)

## **Mentoring Breakfast Chairpersons:**

Mary Ann Brock, PhD, MFT, CST-T  
Jill Kaplan, MA, MFT, CST-T

## **Regional Lunch Chairperson:**

Christine Ford, MA, LPC, CST-T

## **Northern California Regional Sandplay Society:**

Linda Hammond, RDT, REAT, LMFT, President  
Cindy Brooks, LMFT, Secretary  
David Capitolo, MFT, CST, Treasurer



## Conference Objectives

1. Explain how sandplay therapy provides an opportunity to contain the process of change within the therapeutic milieu of play.
2. Give examples of how sandplay therapy expands our understanding of archetype and ego, neuroscience and mindfulness, mind and body.
3. Give examples of creative play motifs within sandplay, which show the process of healing and transformation.
4. Describe and demonstrate a variety of sandplay therapy interventions targeted at individual, family, and clinician-client relational factors central to improving the client's emotional functioning during sandplay and play therapy sessions.
5. Identify sandplay therapy techniques that enhance the relationship between client and therapist.
6. Identify techniques, information and attitudes that enhance the multicultural competency of the Sandplay therapist.

## Other Conference Features

### **Fabulous Celebration Cruise and Lunch on San Francisco Bay**

Join friends and relax on Sunday after the conference as our private cruise leaves the marina at the Berkeley Doubletree Hotel, taking in views of the San Francisco Bay, the Golden Gate Bridge and Alcatraz. The Hornblower Yacht will depart at 1:00 for two hours. A buffet lunch, beverages and service fee is included for the cost of \$85. Pre-registration is required. If the minimum registration is not met for this optional excursion, you will be notified in advance and your pre-registration fee returned.

**Silent Auction Benefit** STA members and friends are encouraged to donate at least one miniature to the Silent Auction. Items may be hand-carried to the conference, or purchased from conference vendors and donated. *Items may be left at the registration desk on Thursday or by early Friday at the latest. Please set a minimum bid for your item.*

**Marketplace** Enjoy shopping for an exciting array of products and services related to therapy and Sandplay such as miniature figures, sandtrays, play therapy toys and equipment, books and other media. **Vendor contact is David Capitolo, Vendor Chair: 415-456-5596; dcapitolo@sbcglobal.net**

# Conference Location

## **BERKELEY MARINA DOUBLE TREE HOTEL**

200 Marina Blvd., Berkeley, CA 94710

With spectacular views of San Francisco Bay, the Golden Gate Bridge, and the San Francisco skyline, the Berkeley DoubleTree Hotel offers exceptional amenities in a relaxed, resort-like setting. Located adjacent to the Berkeley Marina, with beautifully landscaped waterfront grounds and adjoining walking paths, the hotel serves world-class food. Berkeley's famous gourmet food and shopping district is a short car ride away. Berkeley, California, in the East Bay, is located 13 miles (21km) east of San Francisco via Hwy 80. For detailed directions, see [maps.Google.com](http://maps.Google.com).

### **Major Airports:**

Oakland International Airport (East Bay):

<http://www.flyoakland.com/>

San Francisco International Airport:

<http://www.flysfo.com>

Airport websites have information on ground transportation.

**Bay Area Rapid Transit (BART):** <http://www.bart.gov>

**Train:** <http://www.Amtrak.com>

**City Bus:** <http://www.actransit.org/>

### **Berkeley Marina Doubletree Hotel**

[www.berkeleymarina.doubletree.com](http://www.berkeleymarina.doubletree.com)

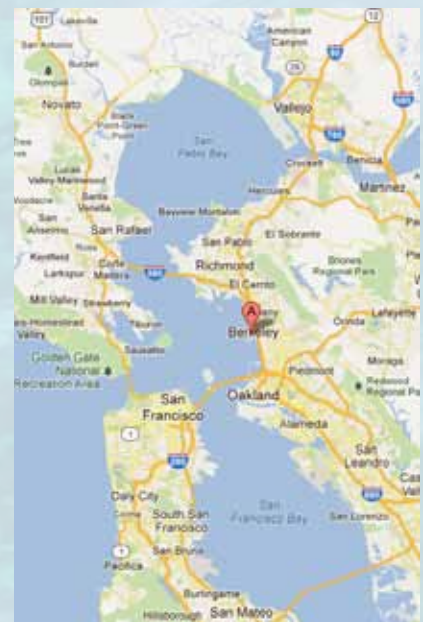
1-800-559-4655

1-510-548-7920 Hotel direct line

### **Reservations:**

Our group is "STA2012 Conference" or group code: STA. Registrants must use this at the time of booking to receive the negotiated group rate. Click here for on-line reservations at [STA Hotel reservations](#).

**CUTOFF date for STA group rate:** May 9, 2012 at 12:00noon.



# Pre-Conference Meeting

## WEDNESDAY, MAY 30

- 1:00pm-9:00pm STA Board of Trustees Meeting

# Pre-Conference Workshops

## THURSDAY, MAY 31

- 8:30am- 4:30pm **FULL DAY WORKSHOPS with breaks and lunch**

1. *Fundamentals of Sandplay Therapy*

Level: B

**Lucia Chambers, MFT, CST-T**

This introductory class will present an overview of the history of sandplay, provide definition of terms, introduce basic concepts of Jungian theory, and discuss the “free and protected space” in relation to the sandplay process. Initial trays will be shown as well as a complete case. Practical aspects of the clinical hour in sandplay will be discussed.

2. *In Touch Again: The Attachment Therapy of Agnes Bayley and Its Relationship to Sandplay*

Level: ALL

**Ellen Saul, MS, LP, CST-T and Nancy Hawkins, PsyD, LP**

This workshop introduces “In Touch Again,” the principles and play therapy process developed by Dr. Agnes “Nessie” Bayley, to help children and adults repair attachment wounds. Participants will experience some of her interventions, grounding their understanding of her work in their own bodies and selves, as they gain an understanding of the play process through the case of a Native American girl.

3. *Sandplay Therapy and Trauma-Informed Practice*

Level: ALL

**Lorraine Razzi Freedle, PhD, CST**

Trauma penetrates the core of identity and hijacks brain functioning. Healing from trauma involves returning to the Self, reprocessing trauma, and developing the brain’s capacity for self-regulation. This workshop will explore sandplay as a trauma-informed practice, its neuropsychology, and the specific conditions of sandplay that bring forth change.

# Pre-Conference Workshops (Continued)

## THURSDAY, MAY 31 (Continued)

- 8:30am-12:00noon **HALF DAY MORNING WORKSHOP**

4. *Images of the Self: Play Across the Landscape of Life* Level: ALL  
Lynne Ehlers, PhD, CST

This stunning slide presentation of over 100 images of the Self in nature, religion and the arts, explores the relationship of the ego to the Self, discusses three individuals' direct, life-changing experiences with the Self, as well as its dangers and blessings. Sandplay case examples will be shown and discussed.

- 1:00-4:30pm **HALF DAY AFTERNOON WORKSHOP**

5. *The Queen's Cloak: Weaving the Story of Women's Journey at Midlife through Sandplay and Artplay.* Level: ALL  
Roz Heiko, PhD, CST-T, & Georgia Mann, BFA

Using Georgia's ceramics, case material, and artplay, we re-tell the story of the Queen's Cloak. This is an experiential presentation using storytelling, interactive discussion, visual art, and sandplay case material. It will include an art project related to the story/journey through art play: "weaving" a symbolic cloak with different materials. Therapists of all levels can benefit from engaging in dialogue and nonverbal artplay about issues their women clients face at midlife and how to use their resources as they negotiate this middle period in their lives.

# Conference Program

## THURSDAY EVENING, MAY 31

- 7:30pm **CONFERENCE OPENING CEREMONY AND KEYNOTE PRESENTATION, WITH DESSERT RECEPTION**

*Home To The Wilderness: Sensing, Becoming, Experiencing Soul in Sandplay Therapy*

**Judy Zappacosta, MFT, CST-T**

Level: ALL

Sandplay, dreams, and the body are exquisite containers for our inner psychic world. Wilderness is a powerful mirror for unknown, unearthed and unexplored territories of the soul. Inner and outer landscapes of wilderness will offer the frame from which a deeper sense of presence and embodied consciousness can be understood.

## FRIDAY, JUNE 1

- 7:00-8:00am Meditation and Movement with Jill Kaplan
- 8:30-9:00am Registration: Lobby
- 8:30-9:00am Refreshments

- 9:00-10:30am **KEYNOTE**

*Want to Play? A Dialogue Exploring the Self and Sandplay with Children and Adults*

Level: ALL

**Lauren Cunningham, LCSW, JA, CST-T & Daniel Nelson, OFM, PhD, CST-T**

Daniel and Lauren will exchange ideas on therapeutic work and images of the Self expressed by children and the “child within” of the adults who come to the sand. Presenters will engage with one another and the group in a dynamic dialogue about experiences of engagement of the Self in sandplay.

- 10:30-11:00am BREAK/Refreshments

# Conference Program (Continued)

FRIDAY, JUNE 1 (continued)

• 11:00am-12:30pm **MORNING WORKSHOPS**

1. *“Assisted Sandplay”: Bridging the Pathway for Sandplay and Play Therapy with the Physically Handicapped*

**David Dermott, PsyD, CST-T**

Level: All

This presentation will focus on the use of a special-needs adaptation of the sandplay and play therapy models that helps to bring the full benefits to physically handicapped clients. Through live demonstration, case-study and sandtray photos, the presenter will illustrate the systematic use of this intuitive and practical method with three physically disabled individuals (arthritis, stroke, cerebral palsy) as they returned to wholeness.

2. *King of the Bloodfire: An Alchemical View of the Self in the Sandplay Healing of a Bully*

**Laurel Howe, MA, CST, Diplomate Analyst**

Level: All

This presentation tracks the transformation of a six-year-old bully into a well-adapted first-grader. His violent attitude comes forward in sandplay as alchemical fire and war. Out of the destruction, the Self emerges as a resurrected “king,” symbolizing a consciousness no longer driven by violence.

3. *The Difference Between Sandplay and Sandtray*

Level: All

**Debbie Mego, PhD, LCSW, CST-T & Sachiko Taki-Reece, EdD, MFT, JA, CST-T**

This presentation includes a didactic section comparing and contrasting theory and practice of sandplay vs. sandtray, case vignettes, and experiential exercises designed to provide first-hand experience of both approaches. Participants will have the opportunity to discuss thoughts and feelings elicited during the presentation, as well as directions for further research.

4. *An Essential of Sandplay: Therapist as Witness*

**Liza Ravitz, PhD, JA, CST-T**

Level: All

The essential role of the Witnessing sandplay therapist is the holding of and attuning to the multidimensional space in which patient and therapist interact. As the sandplay process evolves, the sandplay therapist psychically follows her patient moving back and forth throughout these different dimensions. Three of these dimensions: the Sacred-Archetypal space; the Infant-Mother space; and the Transference-Countertransference space will be discussed through images and case material. We will see how these dimensions manifest both in adults in therapy and children in play therapy.

# Conference Program (Continued)

**FRIDAY, JUNE 1** (continued)

**5. *In Sandplay and Play Therapy, Joy Finds her Self and her Connection to the World*** Level: All

**Carol Wells, LCSW, SP**

Abandoned, neglected and abused, 8-year-old Joy began therapy in a dissociated state. Donald Kalsched describes how daimonic, archetypal, self-care systems can emerge from severe early trauma. Through Kalsched's lens, we will explore Joy's courageous work of releasing her imprisoned personal spirit and becoming connected with the world.

**6. Case Consultation** Level: All

*(Requires completion of personal sandplay process)*

Limited to 10 participants (STA/ISST credits, no CEs)

- 12:30-2:30pm LUNCH on your own or

**INTERNATIONAL SANDPLAY FORUM** 12:30- 2:00 pm.

We invite everyone who is curious to learn about innovative use of sandplay in various cultures and settings. Panelists include Sachiko Taki-Reece, EdD, MFT, JA, CST-T, describing sandplay with survivors of the tsunami in Japan, and Kathy Buys, MFT, who worked in Uganda offering sandplay to adults in classroom and clinical settings. An open discussion with panelists and audience will be moderated by Ellen Searle LeBel, MFT, BC-DMT, SP. *Pre-registration required; lunch cost \$20. To reserve, please check the lunch fee in your registration.*

- 2:30-5:45pm **AFTERNOON 3-HOUR WORKSHOPS with 15 minute break**

**1. *Dark Night of the Soul and Dark Radiance*** Level: All

**Maria Chiaia, PhD, JA, CST-T & Diane Deutsch, PhD, JA**

Chaos and suffering that arise in the darkness have a light, a meaning and a dark radiance that may shine if held in a deep analytic relationship. Clinical stories and sandplay images will illustrate the dark night of the soul and the illumination that emerges like stars in the night sky.

# Conference Program (Continued)

**FRIDAY, JUNE 1** (continued)

**2. *The Understanding and Use of Metaphorical Language in Sandplay Therapy and Play Therapy*** Level: All

**Patricia Dunn-Fierstein, LCSW, CST-T**

In this session participants will be taught the importance of attuning to metaphorical language in play sessions, how to understand what it means, and how to respond to that language without breaking the temenos. The session will include a brief lecture followed by an interactive section where participants will dive into powerful client therapy images and words, and practice identifying the underlying meaning, and possible clinician responses.

**3. *Sandplay with Attachment-Disordered Children: Releasing the Healing Power of the Self from Entrapment in the Self-Care Archetype*** Level: All

**Judith Morris, BSc, Dip. Teaching, Dip. Social Admin., Dip. Psych. Social Work**

This presentation uses case material to illustrate the interweaving of a wide range of play and art media with the sandplay process to heal children who have experienced severe neglect and/or abuse in their first six months of life. The healing process is underpinned by understandings from attachment theory and neuroscience and demonstrates the dismantling of the Self-Care archetype to facilitate children forming secure attachments to their substitute permanent caregivers.

• 2:30-4:00pm **AFTERNOON 1.5 HOUR WORKSHOPS**

**1. *Manifestation of the Self in a Sandplay of a 6-year old Girl***

**Joan Concannon, MFT, JA**

Level: All

This case of a 6-year old child exemplifies the manifestation of the Self emerging early in therapy. Mandala images appeared in 18 of the first 22 sandtrays over a six-month period. The symbolic meaning of the mandala, the stone, and the unicorn as representations of the Self will be explored. As a play therapy, Sandplay allows a transformative process to develop in a non-directive manner.

**2. *Sandplay, Aging, Self and Dementia***

Level: All

**Sandi Peters, MA**

Life can be challenging, yet old age offers the quintessential opportunity to resolve unfinished business. Through slides of sandplay images created by elders with and without dementia, this session shows the power and potential of using sandplay with elders to help them cope with the past and the present.

# Conference Program (Continued)

## FRIDAY, JUNE 1 (continued)

### 3. Case Consultation

Level: All

*(Requires completion of personal sandplay process)*

Limited to 10 participants. (STA/ISST credits, no CEs)

- 4:00-4:30pm BREAK/Refreshments

### • 4:30-6:00pm **LATE AFTERNOON 1.5 HOUR WORKSHOPS**

#### 1. *From Severed Parts to Wholeness: Healing the Wounded Self through Sandplay, Co-Transference and Garuda*

Level: All

**David Capitolo, MFT, CST**

In this case presentation, participants will witness a safe holding for a man who connects deeply in the co-transference with the therapist, where the Garuda guardian figure helps reveal his woundedness. In his process of Sandplay and play therapy and in the presence of a loving archetypal father, he returns to his wholeness, prepares for his son's birth, and discovers the spirit and responsibility of new fatherhood and guardianship.

#### 2. *The Many Faces of the Self*

Level: All

**Harriet Friedman, MFT, JA, CST-T and Rie Rogers Mitchell, PhD, ABPP, CST-T, RPT-S**

To Jung, the Self is a combination of opposites, containing both light and darkness simultaneously. Eleanor's traumatic childhood left her with such primitive rage that unconsciously she was caught in the dark side of the Self. Through the therapeutic modalities of play therapy and sandplay, she explored the Self's both numinous and destructive sides.

#### 3. **Open Art Studio** *sponsored by the Northern California Regional Sandplay Society (NCRSS)*

- 6:00pm-8:00pm DINNER on your own
- 6:30pm **MEMBERS WINE & CHEESE RECEPTION**
- 7:30pm **MEMBERS MEETING**

# Conference Program (Continued)

## SATURDAY, JUNE 2

- 7:00-8:00am Tai Chi/Moving Meditation with Parker Linekin
- 7:30-9:00am **MENTORING BREAKFAST**  
Prospective members and associates at all levels (certified, practitioner, teaching) are invited to meet for a complimentary continental breakfast to discuss membership benefits and requirements with certified teaching members in an informal setting. The Admissions Committee will make a short presentation and answer questions. *Pre-registration required. To reserve a space, please check breakfast on your registration.*
- 8:30-9:00am BREAK/Refreshments
- 9:00-10:30am **KEYNOTE**  
*Listening for an Ecological Self* Level: All  
**Barbara Holifield, MFT, JA**  
We are beings of this wild and wonderful world, no less related to rocks and streams than to mother and spouse. This truth long known by indigenous peoples is not widely held in western culture. "All of our relations" need us to attend to them, need our stories and recognition lest they become a vacuous backdrop which we refer to as "The Environment." Have we become autistic in relation to the natural world? To our own nature? How do we listen as therapists? Can we afford not to? This presentation will explore how psychotherapists, sandplay and play therapists might tune their listening perspective to hear the voices that need to be heard if we are to survive with dignity with the land.
- 10:30-11:00am BREAK/Refreshments

- 11:00am-12:30pm **MORNING 1.5 HOUR WORKSHOPS**

1. *Circles in the Sandplay* Level: I/A  
**Susan Carol Albert, MA**

A case study of a 40-year-old woman who had spent over 10 years in a Buddhist retreat in a foreign country and lost all sense of being able to relate to the other. Throughout her process the circle image predominated. The case study draws on the changing image of the circle in the sand, and the transformative effect of the transference relationship between patient and analyst.

# Conference Program (Continued)

**SATURDAY, JUNE 2** (continued)

**2. *Relational Energies of the Self: Divine Patterns in Sandplay***

**Linda Cunningham, PhD, MFT**

Level: All

The Self is a container for deeply human patterns of relatedness. We will explore a relational model of the Self in its structure, images, and flow of energies. Through discussion and resonance with sandplay images, participants will become familiar with the unique meanings and experiences of essential relational fields, so important in the understanding of play therapy processes.

**3. *Experiencing the “Unthought Known” in a Sandplay Process***

**Antoinette Eimers, PsyD, MFT, SP**

Level: All

Christopher Bollas first used the term “the unthought known” in 1987; this refers to the boundary between the unconscious and the conscious mind. We will explore a 6-year-old boy’s heroic journey and witness the unthinkable death of his fraternal twin brother. He establishes an interpersonal process using the therapeutic powers of play to symbolically express and resolve that which is not consciously known by him. We will see him heal and integrate his disconnected Self through individuation in a sandplay process.

**4. *The Use of Sandplay with Extremely Traumatized Flood Victims in Taiwan***

**Grace Hong, LCP, MFT, CST-T; Pi-Ling Chen, EdM, LCP, & Tsan-Ju Li, MS, LCP**

Level: All

In this presentation we will share the findings of two sandplay therapists who provided sandplay and play therapy for flood victims in Taiwan who were diagnosed with PTSD. The necessary adaptation of the sandplay method to this unique cultural and traumatic situation will be shared. We will demonstrate the effectiveness of sandplay and play therapy for these traumatized children and youth.

**5. *The Experience of the Self: Differing Relationships with the Mother***

**Paola Manzoni, PhD**

Level: All

We will contrast the cases of two adult women who went through deep analytic processes including sandplay. Each of their family histories was different, in particular in regard to their experience of the Mother. The effect this had on accessing the intuition of the Self will be analyzed in the course of the presentation.

**6. *Case Consultation***

Level: All

*(Requires completion of a personal sandplay process)*

Limited to 10 participants. (STA/ISST credits, no CEs)

# Conference Program (Continued)

## SATURDAY, JUNE 2 (continued)

- 12:30-2:30pm LUNCH on your own or **REGIONAL GROUP LUNCH** 12:30- 2:00 pm.  
STA has been working to support and strengthen regional groups by providing affordable and accessible sandplay training and responding to other requests from regions. This lunch is a continuation of regional meetings at the 2010 Conference and 2011 Assembly. Gather with the Regional Council and other sandplayers from across the country to discuss local needs, training opportunities and resource sharing. *Pre-registration required; lunch cost \$20. To reserve, please check the lunch fee in your registration.*
- 2:30-5:45pm **AFTERNOON 3-HOUR WORKSHOPS with 15 minute break**
  1. ***Silence in Sandplay: Creating Therapeutic Space for Sandplay Process***  
**Jill Kaplan, MA, MFT, CST-T** Level: All  
The therapist's comfort with silence and unconscious process is critical in supporting an exploration of Self. The role of silence and meditation in sandplay will be demonstrated and experienced in this session. Through practical exercises, including guided meditation and movement, participants will develop their understanding of the role of silence in sandplay therapy.
  2. ***Sandplay with Autistic Children*** Level: I/A  
**Stephen Olmsted, PhD, LP, CST-T, and Dori Pelz-Sherman, PhD**  
The use of sandplay with autism will be presented through a review of the literature and case examples. Sandtrays will illustrate how this modality facilitates the movement between integration and de-integration. Sandplay offers a means for finding the Self for these children, and offers snapshots of their progress in attempting wholeness.

# Conference Program (Continued)

**SATURDAY, JUNE 2** (continued)

**3. *Deconstruction and Reorganization of the Fractured Self: A Case of Multiple Personality Disorder (DID) Resolved in Sandplay*** Level: All

**Sheila Dickman Zarrow, PhD, JA, CST-T**

The story of a suffering would-be mother, her teenage alternate, and a phantom two and a half-year-old little girl unfolds in the sand. We move through the near kidnapping of a real preschooler, confession, the loss and funeral of the invisible girl, and finally, to the smashing of sandplay items that leads to restoration of the patient's ego and its healthy relationship with the Self. It is important to study play therapy in order to understand its Jungian analytic counterpart, Sandplay, which grew out of play therapy's early foundational psychological research. Studies demonstrate the therapeutic validity of play methods for adults and children, and authenticate that they enhance multicultural competency by their universal nature.

• 2:30-4:00pm **AFTERNOON 1.5-HOUR WORKSHOPS**

**1. *The Evidence Base of Sandplay Therapy*** Level: All  
**Gita Morena, PhD, MFT, CST-T**

In this panel presentation, the sandplay researchers will present models appropriate for evidence based sandplay outcome study. Participants are encouraged to bring questions and current research projects for presentation and discussion. The panel will provide a platform to discuss the materials and documentation needed to engage in sandplay/play therapy research, explore effective research designs, and describe strategies and procedures for collecting and analyzing sandplay data.

**2. *Finding the Self in Sandplay Therapy: The Journey of a 9-year-old Twin Boy*** Level: All  
**Olivia Heathcote, EdD, MFT, CST-T**

This interactive seminar will provide the participant with the opportunity to identify how a 9-year old Japanese-American twin connected with his core Self through a combination of sandplay and play therapy with physical activity, and will enhance participants' multicultural competency. We will examine how he found and expressed his creative depths in the sand and how tree climbing complemented his sand process, allowing him to come into his body as a pre-adolescent.

**3. Case Consultation** Level: All  
*(Requires completion of a personal sandplay process)*

Limited to 10 participants. STA/ISST credits, no CEs

# Conference Program (Continued)

## SATURDAY, JUNE 2 (continued)

- 4:00-4:30PM BREAK/Refreshments

- 4:30-6:00pm **LATE AFTERNOON 1.5-HOUR WORKSHOPS**

1. *From Dry Birth and Mutism to Integration and Wholeness through Sandplay*  
Tessamarie Capitolo, MFT, CST-T Level: All

This workshop will take participants through the process of building a deepening connection within the co-transference, thus facilitating the reworking of the birth trauma of a boy who began therapy as a selectively mute five-year-old. The presenter will demonstrate methods and processes that participants can use in their practices, including affect attunement. The reworking of trauma and transition from the pre-symbolic to symbolic life will be shown in the sandplay process.

2. *From Opposition and Disconnect to Self Integration through Parent Participation and Social Emotional Skills Intervention* Level: All

Janet Tatum, MSW, LICSW, JA, CST-T, and Leslie Fields, MA, LMHC

This workshop will include the presentation of a long-term case, the forming of an alliance with the parent, academic interventions, and the collaboration between the therapist and the school counselor/social-emotional skills group facilitator over the duration of the case. Interactive exercises will be included several times throughout the presentation.

3. **Open Art Studio** sponsored by the Northern California Regional Sandplay Society (NCRSS)

- 7:00-9:30 **SATURDAY EVENING BANQUET AND KEYNOTE**

*The Multi-Sensory Nature of Sandplay and Active Imagination*

Joan Chodorow, PhD, BC-DMT, JA Level: All

Sandplay and Active Imagination are multisensory integrative experiences, guided by the inner-directed symbolic attitude that is at the core of psychological development. Jung's experiment in self-healing led him to recapitulate his "building game" from childhood, and was a precursor to Sandplay and Play Therapy. This presentation invites multisensory awareness through story, visualization, and the living, moving body. It includes work with collective trauma and healing images and experiences in different part of the world.

# Conference Program (Continued)

## SUNDAY, JUNE 3

- 7:00-8:00am Tai Chi/Moving Meditation with Parker Linekin
- 8:30-9:00am Refreshments
- 9:00am-10:30am **MORNING 1.5-HOUR WORKSHOPS**

1. *A House For Me: Separation, Individuation and Emergence of the Self in the Sandplay Therapy of a 7-Year Old Boy* Level: All

**Susan Calfee, PhD, MFT, JA**

Against the backdrop of the image of the house, this presentation will illustrate the importance of establishing an interpersonal process using the power of play, and will reveal the constellation of the Self in a delayed separation and individuation process. The speaker will share archetypal manifestations of the house image, and will lay out a remarkable story revealed over an 18-month period of sandplay therapy with a 7-year-old boy.

2. *Mentoring Session: Writing Preliminary Papers and the Final Case Study*

Level: All

**Maria Chiaia, PhD, JA, CST-T & Audrey Punnett, PhD, RPT-S, JA, CST-T**

This session will cover: (1) steps in selecting a subject for the preliminary papers, deciding on a final case, and identifying an advisor and readers; (2) criteria for papers and case study; and (3) approval process.

3. *Complex Resolution Through Sandplay*

Level: I/A

**Donna Johnson, LCSW, ATR-BC, CST-T**

Jungian psychology is often called “complex psychology” due to a movement toward wholeness through the resolution of complexes. This case presents a man with a presenting problem of social anxiety. Through sandplay therapy this puer man was able to resolve his core complex with its archetypal roots in Hephaestus.

4. *Black Swan Dreaming and Sandplay*

Level: All

**Heather Lesley-Swan, Grad Dip Couns, M appPsychth**

This presentation on the iconic Australian symbol of the Black Swan will enhance cross-cultural appreciation of symbolic meaning in the discovery and recovery of Self. The Black Swan as a powerful and active symbol in modern society will be directly linked to clinical sandplay practice as well as contemporary neuroscientific research.

# Conference Program (Continued)

**SUNDAY, JUNE 3** (continued)

**5. *Being in the Participation Mystique: Sandplay Therapy for an Autistic Youth***  
**Sachiko Taki-Reece, EdD, MFT, JA, CST-T** Level: I/A

Working with an 18-year-old Japanese American autistic youth with sandplay, the therapist realized she was drawn into the state of participation mystique, a literal “return to the Self,” to make contact with his psyche. The presentation includes highlights of his individuation process revealed in play therapy, from being in a cocoon to moving across a threshold into a new world.

• 11:00am-12:00noon **CONFERENCE CLOSING SESSION**

***Integration, Reflection & Return***

Level: All

**Regina Driscoll, PhD, CST-T; Ellen Searle LeBel, MFT, BC-DMT, CST Candidate; JA, CST-T; Ellen Saul, MS, LP, CST-T; Laura Soble, MFT, REAT, CST**

After a deep encounter with the Self, how do clinicians and clients hold that feeling, image, and experience internally? Our closing community session will include a lively interactive experience to review, remember, and explore this question theoretically, personally and collectively.

• 1:00pm- 3:30pm **OPTIONAL EXCURSION**

***Fabulous Post-Conference Celebration Cruise and Lunch on the San Francisco Bay***

Join friends and relax after the conference as our private cruise leaves the marina at the Berkeley Doubletree Hotel, taking in views of the Francisco Bay, the Golden Gate Bridge and Alcatraz. The Hornblower Yacht will depart at 1:00pm for two hours.

A buffet lunch, beverages and service fee is included for the cost of \$85.

Pre-registration is required. If the minimum registration is not met for this optional excursion, you will be notified in advance and your pre-registration fee returned.



# Conference Faculty

**Susan Carol Albert, MA, Clinical Psychologist**, has a master's degree in clinical psychology from PUC-SP, Brazil, and is a trainee member of the Brazilian Society of Analytical Psychology (SBPA). She has participated in various national and international sandplay training programs and congresses, and works with individuals and couples as a Jungian sandplay therapist in Brazil.

**LaVon Bobo, MS, MFT, CST-T**, is a retired school psychologist and licensed educational psychologist providing sandplay therapy in the public school setting. She is a teaching member of Sandplay Therapists of America and has taught both nationally and internationally. She supervises Santa Clara University graduate students in play therapy and has an ongoing consultation practice in Palo Alto, California.

**Kathy Buys, MFT, CSP, STA Associate**, is a Marriage and Family Therapist in private practice and a clinical supervisor at the Child Therapy Institute of Marin. She has taught at the Institute of Transpersonal Psychology, JFK University and in Mbarara, Uganda and is a Certified Shamanic Practitioner.

**Susan Calfee, PhD, MFT**, is a marriage and family therapist and Jungian analyst who lives and works in Davis. She has an interest in the individuation process over the lifespan, working with parents and preschoolers as well as with older children and adults. She is fascinated by the power of reverie, the importance of generating potential space, and the manner in which therapy facilitates the development of a symbolic capacity. In her free time, Susan is an avid organic gardener and enjoys outdoor pursuits such as hiking and biking.

**David Capitolo, MFT, CST**, practices child, adolescent, adult and couples therapy in San Rafael and San Francisco, CA. He is a Founding Member and treasurer of the Northern California Sandplay Society (NCRSS), and co-founder of the Child Therapy Institute of Marin. He has a special interest in fathering, A Father's Blessing, and rites of initiation for boys moving into manhood. He enjoys being a grandparent, fly fishing, and Navajo studies.

**Tessamarie Capitolo, MFT, CST-T**, is an analytic psychotherapist and a Teaching Member of STA and ISST. She is in private practice in San Francisco and San Rafael. She and her husband, David Capitolo, are the founders of the Child Therapy Institute, which serves a diverse population in the Bay Area. She has taught sandplay nationally and internationally and has published several articles in the *Journal of Sandplay Therapy*<sup>TM</sup>: "The Dark Goddesses: An Encounter with the Dark Feminine"; "Chaos Theory and Its Application to the Sandplay Process"; "Black and White: Retrieving our Shadow"; and "The Inter/Intrapersonal Racial Unconscious."

**Lucia Chambers, MFT, CST-T**, a Founding Member of Sandplay Therapists of America, as well as a Teaching Member, she trained with Dora Kalff in Switzerland and in the United States. She has assisted in setting up study programs across the United States and is currently Chair of the Sandplay Therapy Training Institute. In addition to over 25 years in private practice in San Jose, CA, she teaches and runs consultation groups. She is co-author of *Sandplay In Three Voices: Images, Relationship and the Numinous*.

## Conference Faculty (Continued)

**Maria Ellen Chiaia, PhD, JA, CST-T**, is a Jungian analyst in private practice in Berkeley and Marin and works with adults, children and adolescents. She is a teaching member of the International Society for Sandplay Therapy and has lectured and taught internationally at many universities and institutes. She is co-author of *Sandplay in Three Voices: Images, Relationship, the Numinous*, and has authored many articles and book chapters.

**Pi-Ling Chen, EdM, Licensed Counseling Psychologist** in Taiwan, and Senior Instructor, National University of Tainan, Taiwan.

**Joan Chodorow, PhD, BC-DMT, JA**, is a senior analyst member of the C.G. Jung Institute of San Francisco, with deep roots in dance and dance therapy. A past president of the American Dance Therapy Association, her interest in active imagination, early development and the sensory-motor foundation we all share led her to studies of the emotions and their forms of expression and transformation. Some of her early essays appear in *Authentic Movement: Essays by Mary Whitehouse, Janet Adler and Joan Chodorow*. She is the author of *Dance Therapy and Depth Psychology: The Moving Imagination*; editor of *Jung on Active Imagination*; and author of the soon-to-be published book, *Active Imagination: Healing from Within*.

**Joan Concannon, MFT, JA**, is a marriage and family therapist and Jungian analyst in private practice in Calabasas, California. She has taught a variety of workshops exploring the mystery of the unconscious process including sandplay, dream interpretation and active imagination. Joan is a teaching member of the C.G. Jung Study Center of Southern California.

**Lauren Cunningham, LCSW, JA, CST-T**, is a founding member of STA, an analyst member of the Jung Institute of San Francisco, and the founding and past editor of the *Journal of Sandplay Therapy*<sup>TM</sup>. Her analytic practice with children and adults is in San Francisco. Lauren teaches sandplay therapy nationally and internationally.

**Linda Cunningham, PhD, MFT**, is the author of *Relational Sandplay Therapy* (2005) and many articles in the *Journal of Sandplay Therapy*<sup>TM</sup>. She is in private practice in San Francisco and Corte Madera, California. She has taught sandplay as well as contemporary relational theories for many years in both graduate and postgraduate settings, has presented nationally and internationally, and is adjunct faculty in the Sonoma State University Graduate Depth Psychology Program and at the California Institute for Integral Studies. Her new book, *The Clinical Relationship in Sandplay*, will be available in 2012.

**David Dermott, PsyD, CST-T**, is a psychologist and Teaching Member of STA and ISST. Dr. Dermott has taught sandplay regionally and at the past four national STA conferences. He is in private practice in Dunn, North Carolina, and has 25 years of experience bringing sandplay, other forms of play therapy, and traditional psychotherapy to all ages. Dr. Dermott offers sandplay consultation and process to therapists seeking STA/ISST certification.

**Diane Deutsch, PhD, JA**, is a Jungian analyst in private practice in San Francisco who works with adults. She teaches in the extended education program at the C.G. Jung Institute of San Francisco and supervises pre- and post-doctoral psychology students.

## Conference Faculty (Continued)

**Regina Driscoll, PhD, CST-T**, is a psychologist, Teaching Member of STA/ISST and a Somatic Experiencing Practitioner working with clients with trauma. She is in private practice in suburban St. Paul, MN, where she has worked with children and adults for 30 years. She has taught sandplay therapy at regional, national and international teaching events and provides sandplay process and consultation services. She is a founding member of the Sandplay Therapy Institute of STA and immediate past-president of STA.

**Patricia Dunn-Fierstein, LCSW, CST-T**, has been a psychotherapist in private practice in Tampa for 26 years working with children and adults. She is a Teaching Member of STA/ISST, a certified EMDR therapist, and a founding member of The Florida Sandplay Therapy Association. She has taught nationally and internationally, including a training weekend with the Sandplay Therapy Institute (STI). She is a founding committee member of STI. She is a contributing author to *Supervision of Sandplay Therapy*, Eds. Friedman and Mitchell, *The Journal of Sandplay Therapy*<sup>TM</sup>, and most recently *Sacred Journey: The Journal of Fellowship in Prayer*.

**Lynne Ehlers, PhD, CST**, is a psychologist and certified sandplay therapist in Berkeley and San Francisco. She has presented papers in Montreal (2009) and Boulder, Colorado (2010), and has published articles in *The Journal of Sandplay Therapy*<sup>TM</sup>: “Kali” (2000), “The Scarab” (2011) and in the *Canadian Art Therapy Association Journal*: “The Pearl of Great Price” (2010). She teaches classes on dream symbolism and sandplay in the San Francisco Bay Area, and is the editor of *Relational Sandplay Therapy* (2005) by Linda Cunningham.

**Antoinette Eimers, PsyD, MFT, SP, CST Candidate**, specializes in work with children and adolescents and has been in private practice for the past nine years in Tustin, California. She holds a Masters in Marriage and Family Therapy, a Masters in Pastoral Counseling and a Doctorate in Psychology from Trinity College. In October, 2011, she presented at the STA Assembly in Minnesota and in February 2012 she will present this case in a consultation workshop with Donald Kalsched, PhD, in Irvine, California.

**Leslie Fields, MA, LMHC**, is in practice in Seattle and Kirkland, WA, where she works with children and their families and facilitates Wally's Club social-emotional skills groups for children and young adolescents. With a Pupil Personnel credential from California, she has been an elementary school counselor since 1989. Since 1968 she has been a teacher throughout the US and abroad.

**Lorraine Razzi Freedle, MSW, EdS, PhD, CST**, is the co-founder and Clinical Director of TeamBuilders, a non-profit agency with offices in Santa Fe and fifteen counties across New Mexico. She holds a doctoral degree in Clinical Psychology with a concentration in neuropsychology. She is a board-certified neuropsychologist and psychotherapist who has provided sandplay to children and adults for over 20 years. She is the president of the New Mexico Sandplay Society (NMSS) and a recipient of the STA Research Award for her studies in sandplay and traumatic brain injury.

## Conference Faculty (Continued)

**Harriet S. Friedman, MFT, JA, CST-T**, is a Jungian analyst and founding member and former president of Sandplay Therapists of America, and served as Vice-President of the International Society of Sandplay Therapists. Harriet is on the teaching faculty of the Jung Institute of Los Angeles, and is former director of the Hilde Kirsch Children's Center. She co-authored (with Rie Rogers Mitchell) *Sandplay: Past, Present and Future* (Routledge, 1994) and *Supervision of Sandplay Therapy* (Routledge, 2008). She lectures nationally and internationally on integrating sandplay and Jungian psychology.

**Nancy Hawkins, PsyD, LP**, is a licensed psychologist with over 25 years experience working with children and families in the area of attachment, bonding and sandplay. Enrolled at the Leech Lake Reservation, Nancy adds a cultural dimension to her work and has trained and created programs in the Native American Community as well as the larger Minnesota adoption community. She currently works in private practice in St. Louis Park, and as Clinical Director of the Behavioral Health Program at the Shakopee Mdewakaton Sioux Community in Prior Lake. Nancy is president of In Touch Again, Inc.

**Olivia Heathcote, EdD, MFT, CST-T**, is a teaching member of STA. She lectures and teaches sandplay nationally and is chair of STA's Education Committee. Dr. Heathcote is a depth-oriented psychotherapist with extensive experience in infant observation. She has a particular interest in how early life trauma affects psychological development. She is a contributing author to *Living the Tides of Uncertainty*, 2006, and published in the *Journal of Sandplay Therapy*<sup>TM</sup>, (2009). Dr. Heathcote maintains a private practice in Los Gatos, California, and continues to teach in the San Francisco Bay Area.

**Rosalind L. Heiko, PhD, CST-T**, is a co-founding member and past president of North Carolina Association for Sandplay Therapy and member of the STA Board of Trustees. She is Director of Pediatric and Family Psychology, PA, in Cary, NC, and is an approved Consultant in Clinical Hypnosis, ASCH. She has published in the *Journal of Sandplay Therapy*<sup>TM</sup> and has presented nationally. She holds a national certification in school psychology and is level II certified in EMDR.

**Barbara Holifield, MFT, JA**, is a Jungian analyst practicing in the San Francisco Bay area. As a young adult she spent years trekking through the desert canyons and high mountains of North America doing therapy and rites of passage groups in the wilderness. Immersion into wilderness continues to influence her psychotherapeutic practice and thinking. Barbara also has a long history of working with the experienced body as an integral part of psychotherapy both as a medium for active imagination and in working with trauma. She teaches Authentic Movement internationally and is a faculty member in the Somatic Psychology Program at the California Institute of Integral Studies. Barbara has published articles exploring the theme of body, earth and self.

**Grace Hong, PsyD, LP, MFT, CST-T**, is licensed in Taiwan as a clinical psychologist, and also licensed in the United States as a psychologist in the State of Minnesota and as a marriage and family therapist in the State of California. She is a Teaching Member of the International Society of Sandplay Therapy and of the Sandplay Therapists of America<sup>TM</sup>. In Taiwan people call Dr. Hong "Liang Lau-Shu" (Teacher Liang), and she is the Founding Chair of the Taiwan Sandplay Therapy Association

## Conference Faculty (Continued)

**Laurel Howe, MA, CST, JA**, is a Diplomate Analyst, having studied with the Centre for Depth Psychology in Zürich. She has presented her STA final case internationally, and a version of it will appear in *Psychological Perspectives* in 2012. She teaches regularly for the Colorado Sandplay Therapy Association and the Colorado Jung Institute, lecturing on sandplay, alchemy, color symbolism, pre-Biblical nature images, and the interpretation of fairy tales. She earned her MA in transpersonal counseling from Naropa University and remains engaged in Buddhist practice and theory.

**Donna Johnson, LCSW, ATR-BC, CST-T**, has been a teaching member of ISST/STA since 1995. She has been a practicing psychotherapist for over 30 years. She has presented both regionally and nationally often focusing on the combined use of art therapy and sandplay therapy. Most recently she taught at the Sandplay Therapy Institute (STI). Donna has served on the STA board and published articles and artwork in the *Journal of Sandplay Therapy*<sup>TM</sup>.

**Jill Kaplan, MA, MFT, CST-T**, has worked with children and families for over 35 years and holds masters degrees in Early Childhood Education and Counseling Psychology. She has trained in psychoanalytic psychotherapy as well as sandplay. She has published several articles in the *Journal of Sandplay Therapy*<sup>TM</sup>, is currently Book Reviews editor of the Journal, and is on the STA Board of Trustees. Jill works with children and adults in private practice in San Jose and Menlo Park, California, and teaches sandplay in California. She has practiced and taught meditation for many years and is an ordained Zen priest.

**Ellen Searle LeBel, MFT, BC-DMT, CST Candidate**, is a licensed marriage and family therapist, a Board Certified Dance/Movement Therapist and a member of the program committee for this 2012 STA National Conference. She is in private practice in Arcata, CA, served on the faculty of Humboldt State University and has taught supervision, authentic movement, and trauma therapy in the US and Europe. Ellen presented at the 2011 STA Assembly and the 2010 STA National Conference, was a guest speaker at the Sandplay Therapy Institute and has two articles published in the *Journal of Sandplay Therapy*<sup>TM</sup>.

**Heather Lesley-Swan, Grad Dip Couns, M appPsychth**, is an analytic psychotherapist and sandplay therapist practicing in Sydney, Australia. Her psychotherapeutic engagement covers several domains, including individual, family and group work. She has a special interest in using symbol to nurture relationship to self within the constraints of Asperger's, and to the making of meaning with contemporary societal symbol, story and research.

**Tsan-Ju Li, MS, LCP, Licensed Counseling Psychologist**, is a Senior Counselor at Fu Jen Catholic University in Taiwan.

**Parker Linekin, Grandmaster**, has been studying and teaching martial arts for over 45 years in San Diego and is the founder and head instructor of The Academy of the Martial Arts. Master Linekin was awarded his 10th degree Black Belt in Kenpo Karate and given the title of Grandmaster by Grandmaster Brian Adams on March 17, 2011. He has also recently been certified as an instructor in "Just Yell Fire," a program that teaches young women how to defend themselves in realistic street situations.

## Conference Faculty (Continued)

**Georgia E. Mann, BFA**, has been a professional artist since 1989. Her extraordinary ceramic miniatures are primarily sold to Jungian-oriented therapists for use in sandplay therapy. Moving to Missoula, Montana, in 1998, Georgia continues to create archetypal figures in various low-fire clay bodies. Georgia has taught Archety-Play workshops for Montana Friends of Jung and at her studio in Montana. She has co-presented storytelling and experiential workshops with Rosalind Heiko, PhD, CST-T, at both the 2008 and 2010 STA National Conferences.

**Paola Manzoni, PhD, Jungian Psychologist**, is a member of AISPT and ISST. She is founder and Vice President of CEPEI, an association of Jungian therapists. Dr. Manzoni works in a private clinic in Milan and in a medical center in Como specializing in obesity and eating disorders.

**Debbie Mego, PhD, LCSW, CST-T**, has used sandplay in her private practice for over 20 years and is a clinical member of ISST and STA. Debbie is currently in private practice in Pacific Palisades where she offers sandplay supervision and works with adults, specializing in the treatment of depression, anxiety, post traumatic stress disorder and cross-cultural issues. She has a background as a classical pianist which has always linked to her work with sandplay, both being non-verbal and creative.

**Joseph Meyer, MASW, LICSW, CST-T**, has presented at local, regional, national, and international events. He has been using sandplay therapy for over 25 years. Before ending full-time practice in 1994, he had been working as a clinical social worker at Children's Hospital in St. Paul, as a school social worker for the St. Paul Public Schools, and as a psychiatric social worker for a local mental health clinic. He now limits his private practice to work with other therapists; teaching, consulting, individual sandplay process, and working as a mentor.

**Rie Rogers Mitchell, PhD, ABPP, CST-T, RPT-S**, is professor of educational psychology and counseling at California State University, Northridge. She is co-president of the International Society of Sandplay Therapy (ISST), and past-president of Sandplay Therapists of America (STA). She is also a National Certified Counselor (NCC) and Registered Play Therapist and Supervisor (RPT-S). Rie teaches internationally and has published two books on sandplay with Harriet Friedman, and numerous book chapters and journal articles in sandplay, play therapy, and other professional areas. She is a licensed psychologist in private practice in Calabasas, CA.

**Gita Morena, PhD, MFT, CST-T**, has specialized in sandplay therapy since 1988. She is a teaching member of ISST/STA, chair of the STA Research Committee, and Research Editor for the *Journal of Sandplay Therapy*<sup>TM</sup>. As a transpersonal psychotherapist, she is particularly interested in the mind-body-spirit connection, and incorporates a Jungian orientation and Buddhist perspective to address core issues of psychological and emotional healing. In her book, *The Wisdom of Oz: Reflections of a Jungian Sandplay Psychotherapist*, she sheds light on *The Wizard of Oz* as a tale of individuation and spiritual awakening. She works and resides in the San Diego area.

## Conference Faculty (Continued)

**Judith Morris, B.Sc., Dip. Teaching, Dip. Social Admin., Dip Psychiatric Social Work, M.Sc. (Psychiatric Social Work), MANZASW, MNZAP,** works privately in the field of child psychotherapy, specializing in the application of attachment theory and understandings from neuroscience in her therapeutic work with children and their caregivers. Her work is predominantly with Russian adoptees, but also with children from the New Zealand care system, who have an early history of neglect and/or abuse. She was initially mentored by Agnes Bayley, who introduced her to sandplay as one element in a multi-media approach to therapy for attachment disordered children. She also works as a social work consultant and trainer for various child care and family agencies.

**Daniel Nelson, OFM, PhD, CST-T,** is a licensed clinical psychologist in NY and professor of psychology at Siena College, Loudonville, NY. In addition to his teaching responsibilities, Fr. Daniel maintains a small private practice of psychotherapy and spiritual direction predominantly with midlife men. He has presented nationally and internationally on topics of spirituality and psychology. He is also a Franciscan priest ordained in 1977.

**Stephen W. Olmsted, PhD, LP, CST-T,** is a psychologist who has been in private practice in Duluth, MN, since 1980. He works extensively with clients with developmental and acquired disabilities and with individuals who have experienced early childhood traumas. He has been active with the Minnesota Sandplay Therapy Group (MSTG) since 1991.

**Dori Pelz-Sherman, PhD,** holds a doctorate in clinical psychology specializing in neuropsychology and parent-infant mental health, an MS in Instructional Technology and a BS in education. She is an award-winning designer of media-based health education, a published author in assessment and forensics, a national speaker on autism spectrum disorders and is the parent of twins with autism. Dori also creates specialty miniatures and is completing her certification as a sandplay therapist.

**Sandi Peters, MA,** has a degree in depth psychology and completed her thesis research on the use of sandplay with elders who are memory impaired. She has been working in the field of aging since 1986 in multiple capacities, the latest of which as the Activity Director of a small skilled nursing home in Berkeley.

**Audrey Punnett, PhD, RPT-S, JA, CST-T,** current President of STA, is an associate professor at UCSF-Fresno and adjunct instructor at Alliant International University. She did her analytic training in Zurich and is on the Executive Board of the Association of Graduate Analytical Psychologists in Zurich. She has published nationally and lectured nationally and internationally. Dr. Punnett has a private practice in Fresno, California. She is an Anusara-inspired Registered Yoga Therapist.

**Trudy Corry Rankin, EdD, LPC, CST-T,** is a Licensed Mental Health Counselor, Registered Nurse (inactive), and spiritual director in a private psychotherapeutic practice in Florida. She is the treasurer of ISSST, and has presented in the regional, national and international sandplay community in the United States, Holland, and Canada.

## Conference Faculty (Continued)

**Liza Ravitz, PhD, JA, CST-T**, is a Jungian child and adult psychoanalyst, clinical psychologist, and ISST/STA Teaching Member. She has clinical practices in San Francisco and Petaluma, CA. Liza teaches, conducts workshops and presents her work both nationally and internationally, most recently at the 2011 ISST Congress in Ittingen, Switzerland. Liza is an associate professor in the Depth Psychology Program at Sonoma State University and teaches at California Pacific Medical Center. Liza will be a Visiting Professor at Shieh-Chen University in Taiwan for the 2012-13 academic year.

**Ellen Saul, MS, LP, CST-T**, is a clinical psychologist who works with children, adults and families. She has used sandplay and In Touch Again attachment work in her practice for the past 20 years, and has received training and consultation from Dr. Agnes Bayley. Ellen is a board member and past president of the Minnesota Sandplay Therapy Group (MSTG), a teaching member of ISST and STA, and a founding member of In Touch Again, Inc. She is chair of the program committee for the 2012 STA Conference.

**Laura Soble, MFT, REAT, CST**, works with adults, teens and children, and has an arts- based depth psychotherapy practice in Oakland, CA. Theoretically, she is drawn to Jungian and developmental approaches. A registered expressive arts therapist and certified sandplay therapist, Laura has published and taught on both topics regionally and nationally, including the 2010 STA National Conference, and at the Sandplay Therapy Institute. She is a Founding Member and former secretary of the Northern California Regional Sandplay Society, and on the program committee for the 2012 STA National Conference.

**Sachiko Taki-Reece, EdD, MFT, JA, CST-T**, is a Jungian analyst and on the faculty of the Jung Institute of Los Angeles. In the sandplay therapy world, she is a teaching member of the International Society of Sandplay Therapy and Sandplay Therapists of America. She has published research papers and book chapters in English and in Japanese. Her topics include sandplay supervision, working with people with HIV/AIDS, death and dying and healing trauma from a Jungian perspective. She enjoys teaching Jungian psychology and sandplay therapy in Asia, Europe and the United States.

**Janet Tatum, MSW, LICSW, JA, CST-T**, practices in Redmond, WA. She works with adults, children and adolescents and their families, and is a Jungian analyst with the Pacific Northwest Society of Jungian Analysts. Janet was an assistant to Dora Kalff in the 1980's through UCSC Extension programs. A teaching member of STA/ISST since 1991, she is currently an assistant editor for the *Journal of Sandplay Therapy*<sup>TM</sup>, and an STA Board member. In practice since 1972, she has presented regionally, nationally and internationally.

**Carol Wells, LISW, SP**, has directed treatment foster care programs, worked as the clinical supervisor of a local counseling agency, and co-founded a special needs adoption agency. In 2010, she co-presented a pre-conference workshop at the STA National Conference in Boulder, CO, on Sandplay and the Alchemical Journey. She has a private practice in Taos, New Mexico.

## Conference Faculty (Continued)

**Judy Zappacosta, MFT, CST-T**, has a private practice located in Santa Cruz and Monterey, California. The focus of her practice is Jungian psychotherapy, sandplay, dreams, and the integration of psyche and soma. Judy is published and teaches both nationally and internationally. She presently serves on the board of trustees of ISST, STA and the Marion Woodman Foundation. She is president of *Caring for the Soul*, an enterprise that offers international sandplay programs in Switzerland.

**Sheila Dickman Zarrow, PhD, JA, CST-T**, is a psychologist, Jungian analyst, and co-founder of the C.G. Jung Study Center of Southern California. A member of STA/ISST for 20 years, she has presented at several conferences. She has authored *Friendship and Healing: The Dreams of John Adams and Benjamin Rush* (2010); *The Psyche on Stage: Individuation Motifs in Shakespeare and Sophocles*, and written with Edward Edinger (2001). Her private practice is now part-time and she is currently writing her third book to be published by Chiron in 2012, *Expert Witness: Jung at the Trial of Hamlet for Murder*.



Photo by Leslie Scopes Anderson

# Registration Information

## **CONFERENCE PROGRAM INFORMATION**

STA: <http://www.sandplay.org>

STA's National Conference features sessions for all levels of experience for sandplay and play therapists, marriage and family therapists, psychologists, social workers, Jungian analysts, nurses and teachers.

### **Learning Levels For Workshops**

B - Beginning

I/A- Intermediate/Advanced

ALL: Suitable for all levels

## **REGISTER ONLINE**

All full registrations include: Thursday dessert reception, daily refreshments, mentoring breakfast, and special Saturday evening banquet. All Workshop and Optional Choices are at our Registration Website. Click here to register now: <http://regonline.com/2012STA>

STA 2012 Conference email contact is: [sta2012conference@gmail.com](mailto:sta2012conference@gmail.com).

## **REGISTRATION DISCOUNT WITH STA ASSOCIATE MEMBERSHIP**

By becoming an Associate Member of STA as you register, you will receive the member rate for the 2012 conference and other national and regional trainings; two issues annually of the Journal of Sandplay Therapy. You may join for one year (two issues), or at a discounted rate for two years (four issues). Join STA as you register online at: <http://regonline.com/2012STA>

## **CASE CONSULTATION REGISTRATION INFORMATION**

Group case consultation is a free workshop option. Those selecting it one or more times as a workshop preference with their on-line registration, are asked to also email consultation chair: Roz Heiko at [sandplayer@mindspring.com](mailto:sandplayer@mindspring.com).

Please let her know if you want child or adult case consultation and if you have a case to present in the group or will just be attending.

# Registration Information (Continued)

**ONLINE REGISTRATION** <http://regonline.com/2012STA>

2012 Fees	Member	Non-Member	Student Member	Student Nonmember	Deadline
Early-Early	\$449	\$529	\$379	\$459	February 15
Early	469	549	399	479	March 15
Regular	529	609	419	499	April 15
After 4/15	549	629	439	519	After April 15
Single Day	205	229	162	193	

Preconference	Member	Nonmember	Student
Full Day	\$119	\$149	\$109
Half-day	89	119	79
Two Half-Day	119	149	109

Associate member dues	One year	Two year special conference rate
	\$75	\$135

Associate membership includes discounts on STA events and a subscription to the Journal of Sandplay Therapy (two volumes per year).

*Join now and get the members discount for **Returning to the Self in Sandplay!***

# Registration Information (Continued)

## **ADD ANY OF THESE OPTIONS WHEN YOU REGISTER**

INTERNATIONAL FOCUS LUNCH – \$20

MENTORING BREAKFAST – \$0

REGIONAL LUNCH – \$20

SUNDAY BAY CRUISE EXCURSION – \$85

CE CERTIFICATE – \$20

ASSOCIATE MEMBERSHIP – \$75 (1 yr) or \$135 (2yr)

The Saturday night banquet is included in all full registrations.  
For those coming for a single day, or bringing a guest, see below:

Banquet fee for single day attendees – \$40

Banquet fee for guests of attendees – \$50

## **DIVERSITY STATEMENT**

Sandplay Therapists of America™ is actively working to encourage and support the cultural, racial, gender, sexual orientation and economic diversity of our community. We encourage those who have a financial need to apply for a limited number of scholarships available. **STA Training Scholarship application: [sta@sandplay.org](mailto:sta@sandplay.org).**

## **CANCELLATION/REFUND POLICY**

In order for STA to properly prepare for the conference, attendees are asked to register by **April 15, 2012** for all conference sessions and activities. Breakout sessions are size-limited, so register early to get your first choices.

If your plans change and you are unable to attend, please cancel in writing on or before **April 30, 2012**.

Cancellations after April 30, 2012 will not be refunded.

Refunds will not be given for no-shows.

All cancellations subject to \$100 processing fee. Please submit cancellation requests in writing to:

STA, PO Box 4847, Walnut Creek, CA 94586

or email: [STA@sandplay.org](mailto:STA@sandplay.org)

# Accommodation Information

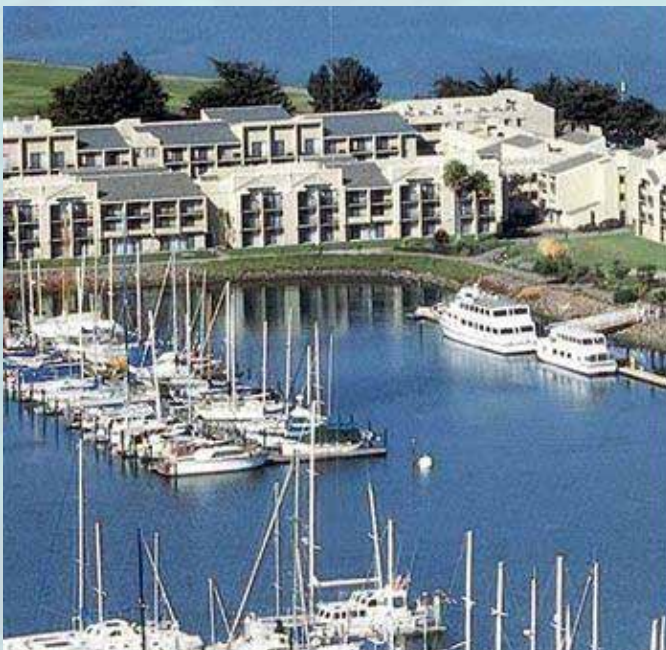
**The STA special conference Room Rate is \$139.00 for either single or double occupancy.**

The rooms were recently refurbished and many have views of the bay or the East Bay hills. The hotel has two indoor pools and whirlpools, sauna, fully-equipped health club, valet service, gift shop, self-service laundry facility, two executive business centers and an ATM. Each sleeping room provides high-speed internet access, and coffeemaker with complimentary coffee and tea. Wireless internet access is also available in the lobby and meeting rooms.

**BERKELEY MARINA DOUBLETREE HOTEL**  
**200 Marina Blvd., Berkeley, CA 94710**  
**1-800-559-4655**  
**1-510-548-7920 Hotel direct line**  
**[www.berkeleymarina.doubletree.com](http://www.berkeleymarina.doubletree.com)**

To make room reservations call the Hotel directly and mention our group as “STA2012 Conference” or group code: STA. Registrants must use this at the time of booking to receive the negotiated group rate. Click [here](#) to reserve your room online at [STA Hotel Reservations](#) web page.

***Please note: CUTOFF date for STA group rate: May 9, 2012 at 12:00noon.***



# Continuing Education

## **Target Audience**

The Sandplay Therapists of America 2012 conference provides quality professional training for psychologists, marriage and family therapists, licensed professional counselors, social workers and play therapists.

## **Satisfactory completion**

Participants must complete an attendance/evaluation form in order to receive a certificate of completion/attendance. Your chosen sessions must be attended in their entirety. Partial credit of individual sessions is not available.

## **Psychologists**

This course is co-sponsored by Amedco and Sandplay Therapists of America. Amedco is approved by the American Psychological Association to sponsor continuing education for psychologists. Amedco maintains responsibility for this program and its content and will approve 29.5 CE hours.

## **Professional and National Certified Counselors, Marriage and Family Therapists (NBCC)**

Amedco is an NBCC-Approved Continuing Education Provider (ACEPTM) and a co-sponsor of this event/program. Amedco may award NBCC-approved clock hours for events or programs that meet NBCC requirements. The ACEP maintains responsibility for the content of this event and will approve 29.5 CE hours. NBCC-ACEP Provider #5633.

## **National Association of Social Workers**

This course has been submitted for review.

## **California Board of Behavioral Sciences**

Course meets the qualifications for up to 29.5 hours of continuing education credit for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences, Provider # PCE 968 .

## **Association for Play Therapy**

An application for Continuing Education credits for play therapists has been submitted for approval by Caroline Isaacs, MFT, RPT-S, SP.

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## **STA 2012 National Conference Committee**

Regina Driscoll, PhD, CST-T; Joseph Meyer, MASW, LICSW, CST-T; Ellen Searle LeBel, MFT, BC-DMT, SP; Liza Ravitz, PhD, JA, CST-T; Ellen Saul, MS, LP, CST-T; Laura Soble, MFT, REAT, CST; Janet Tatum, MSW, LICSW, JA, CST-T