

Thursday June 3 Stearns Towers

T1
Level: B

8:30am-4:30pm - Full Day
(with breaks and lunch)
Lucia Chambers [MFT, CST-T]

Introduction to Sandplay Therapy™ This introductory class will present an overview of the history of sandplay, provide definition of terms, introduce basic concepts of Jungian theory, and discuss the “free and protected space” in relation to the sandplay process. Initial trays will be shown as well as a complete case. Practical aspects of the clinical hour in sandplay will be discussed.

T2

Level:
I, A

8:30am-4:30pm - Full Day
(with breaks & lunch)
Carol Wells [LISW, SP]
Susan Macnofsky [LMFT, ATR, CST-T]
Linda A. Nelson [LISW, CST-T]
Lorraine Razzi Freedle [MSW, EdS, PhD]
Charles Harrison [LMT]
Luanne H. Lee [MA, ATR-BC, LPAT, SP]

Sandplay and the Alchemical Journey This workshop will span the depths of the alchemical past and explore how the alchemical phases relate to present day psychological healing and individuation. The presentation will include an experiential component for participants. Various sandplay processes will be viewed and discussed so that participants can witness some of the ways a sandplay process is akin to the alchemical opus. Participants will gain an enhanced understanding of Jungian concepts, sandplay, and the work of their clients.

4-6pm Stearns Central

Conference Registration and Hospitality Reception
Silent Auction Benefit Opens

6pm Dinner on your own

T3

Limit 20
participants.
Level: All

8:30am-noon - Half Day/Morning
Roz Heiko [PhD, CST-T]
Georgia Mann [BFA]

Experiencing Vasilisa's Journey through Play as a Way to Reconnect with and Trust Our Inner Voice Through the story of “Vasilisa the Brave,” the multifaceted challenges of bridging inner growth through the process of individuation will be explored. Pleasing others and doing what is expected of us can be dangerously dissonant to our psyche. How can we professionals help our clients and ourselves listen to our intuition more carefully? This experiential workshop will make use of storytelling, directed play strategies and art therapy to begin to integrate our internal state of knowing what is essential to our nature.

T4

Level: B, I

1-4:30pm – Half Day/Afternoon
Lavon Bobo [MFT, CST-T]

Symbols of the World Axis in Sandplay, Spanning the Greatest Divide of All At the mystic center of the cosmos stands the world axis, which might be said to span the greatest divide of all. From the beginning, after this brilliant six-year-old boy creates his own caduceus, he remains steadfastly centered on the evolutionary archetypal journey despite significant early trauma, which can often prolong a child's focus on the realm of the great mother. Over a four-year period his inspirational journey includes many bridges and crosses, as well as other symbols depicting the world axis, not often seen in a child's sandplay.

CONFERENCE PROGRAM

Thursday June 3

Evening

7 pm Stearns patio

Opening Indigenous Smoke Ceremony

Grace Foster Pollard [DMin, CST-T]

SP1

Level:
All

7:30-9pm Broker Inn ballroom
Special Presentation
Grace Foster Pollard [DMin., CST-T]
Wisdom Energies of Tibetan Buddhism: A Bridge to Connect Body and Mind in Sandplay Therapy

Sandplay therapy's expanding role with cultural and spiritual differences is facilitated by knowing and experiencing the Five Wisdom Energies of Tibetan Buddhism: space, wind, fire, water, and earth. Their shamanic wisdom tradition has been brought into contemporary and contemplative practices for psychotherapists, social workers, psychologists, spiritual directors, teachers and parents. These energies manifest and ride in the body of our clients, ourselves and our environment. Participants will also learn the technique of body/speech/mind description which will further illustrate the usefulness of the Wisdom Energies for sandplay therapy. The presentation will include visual and experiential exercise.